



Karilee Catch Up 7/2016 November 2016

20
years!

**Congratulations to Jane
Celebrating 20 years with Karilee**

In all the excitement of the end of year concert we neglected one very important milestone: Jane's 20 year badge! Yes, that's right, 20 years with Karilee!

Over her 20 years Jane has contributed not only on stage but also as a committee member and treasurer.

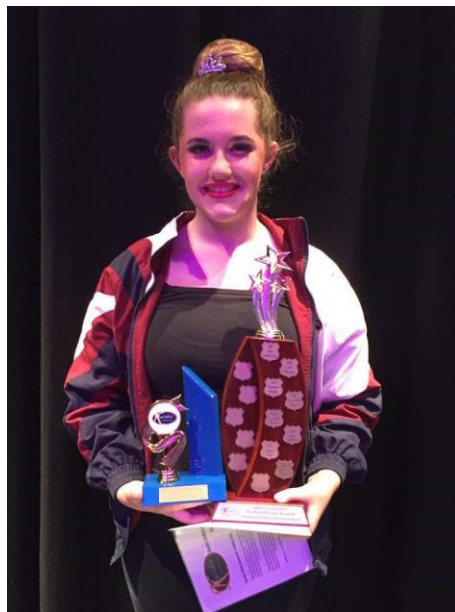
Please accept our apologies for missing this extraordinary event. Clubs can come and go without ever being lucky enough to have a participant stay for 10 years, let alone 20. We congratulate and thank Jane for her tremendous contribution to Karilee.



End of Year Concert

Other than missing Jane's badge, the end of year concert ran very smoothly. Thank you to all the volunteers who assisted on the night and before the event to ensure it all ran well. Special mentions to Malcolm on the microphone, Andrew and his prop crew, Bronwyn for stage managing, all of the team managers and coaches, the parents who supervised the littler ones, Deb for doing the trophies, Maureen who was left outside guarding the food, Andrew taking photos, the Erindale crew, and Kate for all of the organising and work before the event. Apologies if I've missed anyone.

Every year a few special mentions are made of girls who have shown great potential, improved in leaps and bounds, worked their heart out to help not only themselves but others in their team, and those who have shown extra commitment to Karilee. We always have some wonderful nominations and this year was no different, just as difficult as always to choose an eventual winner. Congratulations to all the girls who achieved nominations. Here are our deserving winners for 2016: Simone Barker – Exceptional Commitment to Karilee; McKinley Darby – Most Improved; Jacqueline Dunn – Junior Champion Girl; Taryn Leslie – Senior Champion Girl; and with a new perpetual award Lauren Fisher – Karilee Future Star



Final Ballarat Results

Our Juniors came up against some very strong teams in Division 1 at Ballarat, however they placed 5th in March and 3rd in Revue with a wonderful singing performance that prompted the adjudicator to say you need to sing like Karilee and not just have your girls shout – or words to that effect! Our first team placed 5th in Aesthetics and Free Ex. Our second team blitzed their competition winning Free Ex and Rods and coming 2nd in Aesthetics – wow!

Our Subbies had lots of wonderful results. The first team placed 3rd in March and Free, 2nd in Clubs and Rods and 4th in Aesthetics. The second team won March, Aesthetics and Free Ex, placed 3rd in Clubs and 2nd in Rods. The team came 2nd in Song and Dance giving Karilee a very strong overall 3rd place.

Karilee was also awarded the HELEN LILLIAN MONK perpetual trophy. This is awarded to the Club which scored the most points in Division 1 Clubs across the age groups. Way to go us!



Skills

If your girl is enrolled in the Skills program she should have attended several classes by now. Please remember to have her practise at home as there is only limited class time available. The syllabus can be used to help her remember her routines and the coach may have given her tips to write down and practise certain items at home.

The times and days for the skills exams have now been communicated. If you have not received the time of your girl's exam please contact Jacqui on skills@calisthenicsact.com.au

Please be aware of the dress code for the exam – black leotard with either no sleeves or long sleeves – no cap sleeves or t-shirt sleeves allowed. No frills, skirts, sparkles or added trims. Footless or stirrup stockings may be worn, however they must be either black or skin colour – no other colours permitted. A black close-fitting cross-over top is optional. Please gel hair back into a neat bun with no loose strands. Remove jewellery and nail polish.

Holiday Program

Cali ACT is again running its "Cali-Dance Summer School" – two days of dancing and fun. If you know of someone interesting in giving Cali a go this is a great sneak peek into the sport.

The program runs for two days late in the January school holidays and will be offered at both North and South side venues with both half-day and full day options available.

Please contact Megan at summerschool@calisthenicsact.com.au or 0400386480 or see the information and registration form on the Cali ACT website www.caliact.com.au

KARILEE FAMILY 2016



Looking Ahead to 2017 - We hope you have enjoyed each and every bit of your year with Karilee.

If you have suggestions or comments on what we could be doing better, the committee is always open to listening; what we love to hear are suggestions for improvement along with the name of someone who has the time and ability to help make these improvements happen.

The current committee is a small group of dedicated people who each wear multiple hats. Every single one of us have girls in the sport whilst juggling careers and other kids and time and money pressures – we can only do so much!!!

As Canberra's Championship Club we would love to see the level of parent involvement grow to match what we see in other clubs who regularly have 20+ people at their committee meetings and 30+ volunteers for different jobs throughout the year.

Please come along to the AGM in February, see what we do, and offer to take on a small part of the committee work – even taking on one small job helps so much. Imagine how great it would be to get your own suggestion for improvement up and running.

Have a wonderful and safe holiday and we hope to see you again in 2017.