



Karilee Catch Up July 2018

Teams competition

We have had a very busy first half of the year in 2018, this newsletter covers most of the highlights of the last six months. During the next three months, Karilee will compete in the two Cali-ACT Teams competition, as well as at two interstate competitions. Below are some details about the coming events.

Cali ACT Preliminary Teams competition will be held at the Erindale Theater on 4-5 August 2018.

Thursday, 2nd August

Stage practice for each age group

Saturday, 4th August

Adjudicator: Diane Winterling

Tinies (37 items) 9:00am

Juniors (57 items) 12:30pm

Seniors (37 items) 6.10pm

Sunday, 5th August

Adjudicator Marion Longstaff

Sub-Juniors (71 items) 9:00am

Intermediates (38 items) 3:30pm

Karilee Specialist Coaching: 17-19 August 2018

Cali ACT Champ Teams: 22-23 September 2018

Waverley Championship Competition Trip for Sub Juniors will be from 27 to 29 September 2018.

Royal South Street Society (RSSS) Calisthenics competition will be held from 8 Oct to 3 Nov 2018 at the Founders Theatre, Federation University, St Helen Campus, Ballarat.

*Karilee Competition Dates**

Champ Reserve Inters 13 Oct 2018

Cal Solo & Graceful Girl 19 Oct 2018

Champ Reserve Seniors 20 Oct 2018

Division 2 Juniors 28 Oct 2018

Note: * All dates and times may still subject to minor change.

Karilee End of Year Concert will be held on Friday, 2nd November 2018 at the Erindale Theatre.

Pan Pacific Masters Games will be held on the Gold Coast from 2nd to 11th November 2018.

Team Managers will provide more detailed information for the age groups before each event.

These Key Dates can also be accessed from <https://karilee.com.au/key-dates/>

Proposed Karilee Constitution

The current Karilee Constitution is out-of-date as it hasn't been updated since it was originally submitted in 1996. During 2018, the committee have been reviewing the proposed Karilee Constitution that is being prepared by Maureen Bourne, Assistant Secretary and Malcolm Robertson, a Past President of Karilee.

At the August 2018 Committee Meeting there will be a request to hold a General Meeting on Tuesday, 18 September 2018 at Raiders Weston Club to vote on the Proposed Constitution.

<https://karilee.com.au/home/committee/proposed-constitution/>

Please read and/or comment on the Proposed Karilee Constitution. Comments are due by 21 August 2018. Email comments to karileeassistantsecretary@gmail.com.

Before the General Meeting in September all Karilee members will receive an Agenda and notice of the meeting. Please consider attending this important General Meeting.

Karilee Merchandise

The 40th year Karilee Anniversary hoodies are now available for those who have ordered them. The hoodies will be available at training or stage practice next week. The incorrect years were embroidered on the hoodies; this has now been rectified. There are a small number of hoodies with minor damage where the years were fully unpicked; a discount will be offered for these hoodies. Please send any enquiries to Jo at karileemerchandise@gmail.com.



Australian Calisthenic Federation Strategic Review

As part of the ongoing ACF Strategic review, the ACF have created a couple of surveys and are asking for calisthenics stakeholders to complete before 31st July 2018. So, if you would like to have your say click on the link below and complete the survey.

Links to the General Stakeholder survey: [CLICK HERE to complete the Calisthenics in Australia 2019-2022 - Whole of Sport Strategic Plan \(General Stakeholder\) e-Survey](#)

Australian Calisthenics Federation National Championships

Australian Calisthenics Federation 2018 National Championships was held at the Canberra Theatre from 11 – 14 July 2018. We are extremely proud in the ACT to be able to have a team in each age group for the first time.



At Karilee we would like to acknowledge all our members who were in the 2018 State Team representing the ACT.

| | | | |
|--|--|---|---|
| Sub Junior Team: Jasmine Hooper Jasmyrn Vink Kahlan Baker Olivia Eveston Skye Wilder | Junior Team: Abbie Mathew Bonnie Wilder Charlotte Mathew | Intermediate Team: Ashley Vowles Danielle Hewitt Josie Gaudie Craze Kasey Galloway Laura Stirton McKinley Darby Olivia Pratt Sarah Goodwin | Senior Team: Jana Prencel Jessica Costigan Katherine Reber Simone Barker Taylor Bye |
| Junior Duo Bonnie Wilder and Isabel Turley Chelsea Woodward Katie Goodwin and Amber Vink | Inters Graceful Ashley Vowles Jacqueline Dunn Olivia Pratt | Senior Graceful Katherine Reber Taryn Leslie Taylor Bye | Senior Duo Simone Barker and Ishana Pilger |



Karilee Sub Juniors



Karilee Juniors



Karilee Intermediates



Karilee Seniors



Link to the 2018 ACF National Championship Results

<https://karilee.com.au/wp-content/uploads/2018/07/2018-ACF-National-Championship-Results-1.pdf>

Calisthenics ACT Showcase

Prior to the National we had the **Calisthenics ACT Showcase** on 9 June 2018. This was a fabulous event to show off all of the ACT State Team items and an opportunity to support our State Teams.

Cali-ACT Solo & Duo Competitions

A very successful Cali-ACT Solo & Duo Preliminary Competition was held at the Erindale Theatre from Thursday, 5th April 2018 to Sunday, 8th April 2018 with over 300 items presented on stage. There were just over 90 items entered by Karilee soloists. Congratulations to all those who competed.

The Cali-ACT Solo & Duo Championship Competition was at the Erindale Theatre from Thursday, 5th May 2018 to Sunday, 8th May 2018 to finalise the Solo Season.

Special congratulations to the Karilee Soloists that were offered to perform their Solo, Graceful or Duo at the ACF National Calisthenics in July 2018.

Results for the Karilee soloists are provided in this newsletter; the full results are available from the Cali-ACT website (<http://www.calisthenicsact.com.au/competitions/current-results>).

There are some photos posted on the Karilee FaceBook page for both the Cali-ACT Solo & Duo Preliminary and Championship Competitions.



Photos from the Karilee FaceBook page.

| 2018 Cali-ACT Solo & Duo Preliminary Competition Erindale Theatre – 5-8 April 2018 Karilee Calisthenics Results | | | | |
|--|-------|--------|---------------------------------|--------------------------------|
| Item Name | Place | Points | Competitors | Coaches |
| Calisthenic Solo - 7 years | 1st | 76.5 | Mackenzie Holdway | Rachel Holdway |
| | 2nd | 76.0 | Liberty Batman | Caitlin Job |
| | 5th | 74.0 | Tia Blaylock | Simone Barker |
| Sub-Junior Calisthenic Duo | 1st | 82.0 | Thea Molloy & Maisie Molloy | Jessica Townsend/Taryn Leslie |
| Sub-Junior Calisthenic Solo - Division 1 | SM | | Emily McCoy | Jessica Townsend |
| Sub-Junior Calisthenic Solo - Division 2 - 8 years | 2nd | 76.0 | Isla Ellison | Jessica Townsend |
| | 3rd | 75.5 | Skye Wilder | Louise Barker/Simone Barker |
| Sub-Junior Calisthenic Solo Division 2 - 10 years | 1st | | Kahlan Baker | Katherine Reber |
| Junior Calisthenic Duo | 2nd | 83.5 | Katie Goodwin & Amber Vink | Rachel Holdway |
| | 3rd | 83.0 | Isabel Turley & Bonnie Wilder | Meredith Jackson |
| | 5th | 81.0 | Lucy Galland & Alessandra Wah | Kate Watson |
| Junior Calisthenic Solo - Division 1 | 3rd | 87.5 | Alessandra Wah | Jessica Townsend/Taryn Leslie |
| | 5th | 86.5 | Taya O'Brien | Taylor Bye |
| | SM | | Chelsea Woodward | Rachel Holdway |
| | SM | | Katie Goodwin | Dannielle Moufarrige |
| Junior Calisthenic Solo - Division 2 - 11 years | 2nd | 83.0 | Ella Rogers | Bernadette Whitfield |
| Junior Calisthenic Solo - Division 2 - 12 & 13 years | 3rd | 78.0 | Abbie Mathew | Taryn Leslie/Rachel Holdway |
| Junior Graceful Solo - Division 2 | 1st | 84.5 | Bonnie Wilder | Rebecca Reber/Meredith Jackson |
| Junior Graceful Solo - Division 1 | 5th | 85.0 | Chelsea Woodward | Rachel Holdway |
| Intermediate Calisthenic Duo | 2nd | 84.0 | Taya O'Brien & Olivia Pratt | Taylor Bye/Katherine Reber |
| | 3rd | 83.0 | Chloe Hanbury & Danielle Hewitt | Taylor Bye |
| | 4th | 82.5 | McKinley Darby & Sarah Goodwin | Katherine Reber |
| Intermediate Calisthenic Solo - Division 2 | 1st | 83.0 | McKinley Darby | Rebecca Reber |
| Intermediate Calisthenic Solo - Division 1 | 4th | 87.5 | Olivia Pratt | Olivia Hall |
| Intermediate Graceful Solo - Division 2 | 5th | 80.0 | Sarah Adam | Rachel Holdway/Taryn Leslie |
| Intermediate Graceful Solo - Division 1 | 4th | | Olivia Pratt | Katherine Reber |
| Senior Calisthenic Solo | 2nd | 92.0 | Taryn Leslie | Rachel Holdway |
| | 3rd | 91.5 | Taylor Bye | Jessica Costigan |
| | 4th | 90.5 | Simone Barker | Caitlin Job |
| Senior Graceful Solo - Division 1 | 1st | 92.5 | Katherine Reber | Kara Savage/Caitlin Job |
| | 2nd | 92.0 | Taylor Bye | Jessica Costigan |
| | 4th | 90.5 | Simone Barker | Caitlin Job |
| Senior Calisthenic Duo | 1st | 91.0 | Taylor Bye & Katherine Reber | Caitlin Job/Jess Costigan |
| | 3rd | 89.0 | Simone Barker & Ishana Pilger | Simone Barker |

Source: Results from the Calisthenics ACT FaceBook Page

| 2018 Cali-ACT Solo & Duo Championship Competition Erindale Theatre – 17-20 May 2018 Karilee Calisthenics Results | | | | |
|---|-------|--------|---|---|
| Item Name | Place | Points | Competitors | Coaches |
| Calisthenic Solo - 7 years | 1st | 84.0 | Liberty Batman | Caitlin Job |
| | SM | | Tia Blaylock | Simone Barker |
| Sub-Junior Calisthenic Solo - Division 2 - 8 years | 2nd | 86.0 | Skye Wilder | Louise Barker/Simone Barker |
| | 4th | 84.0 | Isla Ellison | Jessica Townsend |
| | SM | | Ella Putt | Deborah Putt |
| Sub-Junior Calisthenic Solo | 4th | 78 | Kahlan Baker | Katherine Reber |
| Division 2 - 10 years | 5th | 77.5 | Jasmine Hooper | Rachael Holdway/Hannah Muller |
| Sub-Junior Calisthenic Solo - Division 1 | 2nd | 22 | Emily McCoy | Jessica Townsend |
| Sub-Junior Calisthenic Duo | 2nd | 30 | Thea Molloy & Maisie Molloy | Jessica Townsend/Taryn Leslie |
| <i>Sub-Junior Calisthenic Duo Perpetual Trophy - Tied</i> | | | <i>Thea Molloy & Maisie Molloy</i> | |
| Sub-Junior Graceful Solo | 1st | 22 | Emily McCoy Maisie Molloy | Jessica Townsend Jessica Townsend/Taryn Leslie |
| | 4th | 5 | Zoe Cerne | Rachel Holdway |
| Junior Calisthenic Solo - Division 2 - 11 years | 4th | 81.5 | Teagan Armour | Cathleen Marshall |
| Junior Calisthenic Solo - Division 2 - 12 & 13 years | 4th | 83.0 | Abbie Mathew | Taryn Leslie/Rachel Holdway |
| Junior Calisthenic Solo - Division 1 | 2nd | 19 | Chelsea Woodward | Rachel Holdway |
| | 4th | 14 | Katie Goodwin | Dannielle Moufarrige |
| Junior Calisthenic Duo | 1st | 42 | Sophie Hind & Chelsea Woodward | Dannielle Moufarrige |
| | 2nd | 14 | Isabel Turley & Bonnie Wilder | Meredith Jackson |
| | 3rd | 12 | Katie Goodwin & Amber Vink | Rachel Holdway |
| <i>Junior Calisthenic Duo Perpetual Trophy</i> | | | <i>Sophie Hind & Chelsea Woodward</i> | <i>Dannielle Moufarrige</i> |
| Junior Graceful Solo - Division 2 | 2nd | 82.0 | Bonnie Wilder | Rebecca Reber/Meredith Jackson |
| Junior Graceful Solo - Division 1 | 4th | 8 | Katie Goodwin Taya O'Brien | Rachel Holdway Taylor Bye |
| Intermediate Calisthenic Solo - Division 2 | 2nd | 87.0 | McKinley Darby | Rebecca Reber |
| Intermediate Calisthenic Solo - Division 1 | =2nd | 17 | Olivia Pratt | Olivia Hall |
| | 3rd | 7 | Chloe Hanbury | Jessica Costigan |
| | 4th | 6 | Jacqueline Dunn | Meredith Jackson |
| Intermediate Calisthenic Duo | 2nd | 20 | Taya O'Brien & Olivia Pratt | Taylor Bye/Katherine Reber |
| | 3rd | 15 | Chloe Hanbury & Danielle Hewitt | Taylor Bye |
| | 5th | 12 | McKinley Darby & Sarah Goodwin | Katherine Reber |
| Intermediate Graceful Solo - Division 2 | =5th | | Sarah Adam | Rachel Holdway/Taryn Leslie |
| Intermediate Graceful Solo - Division 1 | 2nd | 26 | Jacqueline Dunn | Rachel Holdway |
| | 3rd | 22 | Olivia Pratt | Katherine Reber |
| Senior Calisthenic Solo | 1st | 34 | Katherine Reber | Kara Savage/Caitlin Job |
| | =3rd | 18 | Taylor Bye Jana Prencel | Jessica Costigan Elizabeth Arnold |
| | =4th | 7 | Taryn Leslie | Rachel Holdway |
| <i>Senior Calisthenic Solo Perpetual Trophy</i> | | | <i>Katherine Reber</i> | |
| Senior Calisthenic Duo | 2nd | 28 | Taylor Bye & Katherine Reber | Caitlin Job/Jess Costigan |
| | 4th | 12 | Simone Barker & Ishana Pilger | Simone Barker |
| <i>Senior Calisthenic Duo Perpetual Trophy</i> | | | <i>Taylor Bye & Katherine Reber</i> | |
| Senior Graceful Solo - Division 1 | 1st | 30 | Taylor Bye | Jessica Costigan |
| | 2nd | 28 | Katherine Reber | Kara Savage/Caitlin Job |
| | 3rd | 16 | Taryn Leslie | Rachel Holdway |
| | =5th | 7 | Simone Barker | Caitlin Job |
| <i>Senior Graceful Solo Perpetual Trophy</i> | | | <i>Katherine Reber</i> | |

Karilee Solo Competition:

Hope you all enjoyed the Karilee Solo Competition that was held from Saturday to Monday on the long weekend in March 2018. Many thanks to the Karilee Competition Coordinators, Jacqui Reber and Catriona Galloway for successfully organising and running the competition. Also, a big thank you to all the volunteers and, committee members and who worked together to run the Karilee Solo. Go to the Karilee website for the 2018 Karilee Solo Competitions results (<https://karilee.com.au/competitions/karilee-solo/results/>).



Karilee Free-Ex Frenzy

What a brilliant time we had on 3 Jun 2018 at our annual Free Ex Frenzy! It's so great to see all the Karilee Teams and supporters getting together. Thank you to everyone for taking time out of your Sunday to come along, we loved having such a big and supportive audience!



Hope you were impressed with all the fantastic items you saw and thanks for coming to support Karilee at our first competition of the year, the Deanne Competition. ❤️



For more photos go to the Karilee Gallery at <https://karilee.com.au/gallery/free-ex-frenzy/2018-free-ex/>