



Karilee Catch Up January 2020

2020 Registration for Karilee Teams

Ready, Set, Go! Hope to see you all again for the 2020 season. Karilee Rego forms are now available for 2020! Go to our website at <https://karilee.com.au/registrations/> to get your registrations done!

All the forms can be downloaded and completed on your computer, tablet or mobile.

If you need more information contact Maureen via karileesecretary@gmail.com.

2019 Tinies Team



2019 Sub Juniors Team



2019 Juniors Team



2019 Intermediates Team



2019 Seniors Team




2019 Masters Team



2020 Karilee Coaching Teams

The coaches for 2020 were announced at the 2019 Annual Karilee Concert. Karilee is proud to announce the Cadets and Class Assistants for 2020. We also want to announce a new appointment of Cadet Mentor for Natalie Sainsbury and mentoring for our newly registered Level One coaches.

Team	Principle Coaches	Assistant Coaches	Cadets	Class Assistant
Tinies	Simmy Barker	Sarah Goodwin Hannah Muller	Sarah Adam	Abbie Matthew
Sub-Juniors	Rachel Holdway	Taryn Leslie Jess Townsend	Kasey Galloway Jacinta Bourne	Sophie Knight Chelsea Woodward
Juniors	Merry Jackson	Louie Barker Sammy Bourne	Laura Stirton Ashley Vowles	 <p><i>Photo taken at the 2019 Karilee Concert</i></p>
Intermediates	Taylor Bye	Stacie Howell	Josie Gaudie-Craze	
Seniors	Jess Costigan	Deb Putt		
Masters	Jodie Sims			

Teams, Times and Venues

Registration for 2020 Karilee Teams is due now. **Please ensure all registration forms have been submitted by the first training class.** This is required to ensure that all members can be registered and have insurance covered for training.

Karilee is looking forward to the 2020 training and competition year. Below is a list of the training times and venues. Please note the change to some venues.

Day	Team	Time	Venue
Monday	Juniors	5.30pm to 8.30pm	Weston Community Hub, Weston Creek
	Intermediates	5.30pm to 9.00pm	Namadgi School, Kambah
	Masters	6.00pm to 8.30pm	Taylor Primary School, Kambah
Tuesday	Tinies	4.00pm to 5.30pm	Stromlo High School, Weston Creek
	Sub Juniors	5.00pm to 6.00pm	Weston Community Hub, Weston Creek
Wednesday	Seniors	6.00pm to 9.00pm	Weston Community Hub, Weston Creek
Thursday	Sub Juniors	5.00pm to 7.00pm	Stromlo High School, Weston Creek

Online Merchandise Orders

As mentioned in the September 2019 Newsletter, Karilee now has an [Online Merchandise Order form](#) to make it easier for members to order their uniforms and a range of other accessories. These accessories include back packs, bows, club badges, water bottles, key rings, 8mb USB-3 portable drives and sparkly Karilee brochures.

The image displays four sequential screenshots of the Karilee Merchandise Order Form:

- Accessories:** Shows options for Back Pack, Hair Bow (checked), Club Badge, Water Bottle, Key Ring, Sparkly Brooch, and USB-3 8mb. A 'Karilee Hair Bows (\$5)' section shows a quantity of 1 and a cost of \$5.00. The 'Accessories Total Cost' is \$5.00.
- Karilee Jackets:** Shows a list of 'Jacket Sizes' from Childs 4 to Adult XX-Large. A 'Jacket Cost' of \$0.00 is displayed.
- Karilee Polo Shirts:** Shows a list of 'Polo Shirt Sizes' from Child 6 to Ladies 18. A 'Polo Shirt Cost' of \$0.00 is displayed.
- Member Details:** Shows fields for Name, Email, Phone, and Age Group. It includes a 'Comments or Additional Information' section and a summary table:

Accessories Cost	Jackets Cost	Polo Shirts Cost	Total cost
\$ 5	\$ 0	\$ 0	\$5.00

You can also place a pre-order for the Karilee Anniversary Hoodie & one of two styles of Karilee Supporters Jackets. Please, remember that we require 10 orders for hoodies and supporters Jackets before Karilee can place an order. Payment is required prior to Karilee placing the order. It takes 4 to 6 weeks once the order is placed before the garments are delivered. It is very important to check and order the correct size as no additional stock is ordered. If an exchange is required, Karilee will assist you to on-sell your hoodie or supporters jacket. Contact karileemerchandise@gmail.com with enquires or orders.

Karilee Dinner



On Tuesday night, 10th December 2019 members of the Karilee Committee, team managers, coaches and life members all gathered at the Southern Cross Yacht Club to celebrate the end of our 40th year!

Thank you all for your hard work, dedication and generous donation of time to keep our club running!

We couldn't do it without you all. **Bring on 2020!**

Above: Most of Masters Team

In 2020, Karilee hopes to expand on those attending the end of year dinner and make this an annual social event.

As well as being a great social night with time to catch up, this event will also contribute to our club's fundraising.



Above: Karilee Coaches table



Left: Ann Craig, Marg Wytett and Jan Feldtmann



Right: Malcolm, Gaye, Vanessa, Courtney, Jan and Maureen

Karilee End of Year Concert

The 2019 Annual **Karilee Concert** was held on Friday, the **8th November 2019** at the Calwell Performing Arts Theatre, Calwell High School. It was great to see so many families at the concert to celebrate our achievements for 2019. The following annual awards were presented during the concert.

Awards

☆ 2019 Tinies Future Star Award ☆



Presented to Holly Cerne!

Holly was a leader in Tinies team items, she also worked up in Subbies this year 🥳🌟

☆ 2019 Outstanding Individual Improvement Award ☆



Awarded to Amy Darby!

This award is for a Subbie or Junior who has shown a huge improvement in calisthenics.

☆ 2019 Junior Champion ☆



Awarded to Chelsea Woodward!

For exceptional detail and technique; a reliable performer, with outstanding stage presence; a committed team member.

☆ 2019 Exceptional Commitment ☆



Awarded to Kate Cerne for demonstrating long-standing commitment to Karilee!

Congratulations to Kate for receiving her 15 year badge in 2019

☆ 2019 Senior Champion ☆



Awarded to Jacqueline Dunn 2019 has been the most incredible year for Jacqueline, Congratulations!

☆ 2019 Ann Craig Award ☆



Awarded to Rachel Holdway Rachel is a very worthy recipient of the Ann Craig award. She has been with Karilee for 38 years and has coached various teams for 26 years.

Karilee Committee

The work of the [Karilee Committee](#) is vital to the running of our club.

Please consider nominating for a position on the committee for 2020.

There is a lot you can learn by being part of the committee. Talk to one of the current committee to get more information or contact the secretary or president. We would like everyone to consider nominating for the committee next year.

A [nomination form](#) will also be available from the Karilee website and social media platforms.

Meetings are generally held on the third Tuesday of the month at the Raiders Club in Weston from 7:30pm. Some committee members meet earlier usually around 6.30pm to have a social drink or dinner before heading into the meeting.

The 2019 Karilee Committee was elected at the Annual General Meeting (AGM) on 19th March 2019. **The next AGM is set for 17th March 2020.** See the current list of committee members in the list below.

EXECUTIVE POSITIONS:	NON EXECUTIVE:	DELEGATES:
PRESIDENT:	ASSISTANT SECRETARY:	CALI-ACT DELEGATES:
Karin Craig karileepresident@gmail.com	Vacant karileeassistantsecretary@gmail.com	Karin Craig & Jacqui Reber
VICE PRESIDENT:	ASSISTANT TREASURER:	CALI-ACT COMPETITION DELEGATES:
Jacqui Reber karileevicepresident@gmail.com	Vacant karileeassistanttreasurer@gmail.com	Deb Putt, Andrew Bourne & Nicola Todd Bronwyn Stirton & Sandy Wheildon
HEAD COACH:	MERCHANDISE OFFICER:	karileecompdelegate@gmail.com
Rachel Holdway karileeheadcoach@gmail.com	Vacant (A/g Maureen Bourne) karileemerchandise@gmail.com	
SECRETARY:	COMPETITION COORDINATOR:	CALI-ACT COACHES DELEGATES:
Maureen Bourne karileesecretary@gmail.com	Jacqui Reber karileecomp@gmail.com	Rachel Holdway karileeheadcoach@gmail.com
TREASURER:	SKILLS COORDINATOR:	
Alicia Gaudie karileetreasurer@gmail.com	Jacqui Reber karileeskills@gmail.com	
REGISTRAR:	SOCIAL MEDIA:	APPOINTMENTS:
Bronwyn Stirton karileeregistrar@gmail.com	Jana Prencel karileemedia@gmail.com	WEB MASTER: Maureen Bourne karileewebmaster@gmail.com
	PROPS COORDINATOR:	WEB ADMINISTRATOR:
	Vacant karileeprops@gmail.com	Andrew Bourne andrew@manda.com.au
2019 TEAM REPRESENTATIVES		
TEAMS	TEAM MANAGERS	WARDROBE MANAGERS
- <i>Tinies</i> karileetinies@gmail.com	<i>Lucy Stephenson</i>	<i>Kate Cerne</i>
- <i>Sub Juniors</i> karileesubbies@gmail.com	<i>Amy Eveston</i>	<i>Vanessa Friedman</i>
- <i>Juniors</i> karileejuniors@gmail.com	<i>Emily Wright</i>	<i>Jen Woodward & Belinda Turley</i>
- <i>Inters</i> karileeinters@gmail.com	<i>Brioni Bale</i>	<i>Vanessa Bye</i>
- <i>Seniors</i> karileeseniors@gmail.com	<i>Alicia Gaudie</i>	<i>Catriona Galloway</i>
- <i>Masters</i> karileemasters@gmail.com	<i>Karin Craig</i>	<i>Karin Craig</i>

2020 Karilee Solo Competition

Entries are NOW OPEN! Entries for the Karilee Solo Competition opened on 1st January 2020.

The Karilee Solo Competition will be held from Friday, 6 March to Monday, 9 March 2020 at the Canberra College Performing Arts Centre. Interstate competitors welcome!

For online entry form, conditions of entry and more information <https://karilee.com.au/competitions/karilee-solo/entry-form>.

Entries will close on Friday, 14 February 2020, or earlier if maximum numbers are reached.



#karileesolos2020



Various past photos from the Karilee Solo Competitions

2020 Cali-ACT Solo & Duo Competition

Cali-ACT are offering two solo / duo competitions in 2020 at the Erindale Theatre:

Both competitions will be held over two weekends due to the high number of expected entries.

28 – 29 March and 4 – 5 April 2020 - Cali ACT Preliminary Solo / Duo Competitions

16 – 17 May and 23 – 24 May 2020 - Cali ACT Championship Solo/Duo Competitions

Entry for the 2020 Cali-ACT Solo / Duo Season will again be done via [myStage](https://www.mystage.com.au).
ENTRIES WILL BE OPENING SOON and USUALLY CLOSE LATE FEBRUARY 2020.

Go to the Calisthenics ACT website for more information:

<https://www.calisthenicsact.com.au/competitions/>

2019 NSW Championship Team Competition - Tinies



The NSW Championship Team Competition was held on the 7th September 2019 at the Engadine Community Centre Theatre.

Congratulations to our terrific Tinies on your win, you are the 2019 NSW Team Champions!

You've all worked so hard. Karilee is so proud of you all! An extra special mention to the girls who experienced their first interstate comp! 🏆



Results:

	🏆 🥈 🥉
Free Exercise:	1st & 2nd
Rods:	1st & 2nd
Aesthetics:	1st & 3rd
Character Dance:	2nd & 3rd
Song & Action:	1st

Cali-ACT Skills Program

The Cali-ACT Skills Program was run during November 2019 and finished with exams early in December 2019. Karilee is pleased to announce that we had lot of our members enrolled in Skills for 2020 and all passed their Skills level exam. Certificates will be posted when available. Many thanks to Jacqui Reber, Jossie Edmonds and Pru May for running this skills program for the ACT.

Southern Cross Club Community Rewards Program

Last year, Karilee was accepted into the [Southern Cross Club Community Rewards Program](#), this is a wonderful fundraising opportunity for our club.

We need our members to support us. If you are already a member of the Southern Cross Club and haven't yet registered Karilee as your community partner, please [nominate our club](#). If not a member simply [sign up to any of the Canberra Southern Cross Clubs](#) and nominate us as your community partner.

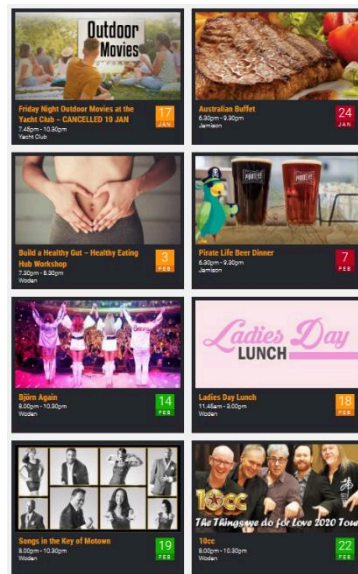
Why not plan a lunch, dinner or Show at the Southern Cross Club with friends and family over the next couple of months?

Make sure your membership is linked to Karilee to help us fundraise for 2020. With your support we hope to increase the amount we get in 2020.

Here is a link to What's On at the Southern Cross Club with the latest events and shows: <https://www.csc.com.au/whats-on/category/whats-on>

Interstate Team Competitions

Our Sub Juniors and Juniors teams competed in the Royal South Street Eisteddford early in November 2020 at Her Majesty's Theatre in Ballarat.



Full results from the Royal South Street Website: [2019 RSSS Calisthenics Comp: Sub-Juniors Res Champ results](#) and [2019 RSSS Calisthenics Comp: Juniors Res Champ results](#).

Key Dates for 2020

Major events for the coming year for you to add to your calendar.

[Karilee Registration](#) by 6 February 2020

Karilee training – Start first week in February 2020

Check team training venues for 2020 – [Teams and Times](#)

[Karilee Solo Competition](#): 06-09 March 2020

Cali-ACT Preliminary Solos: 28-29 March & 4-5 April 2020

Cali-ACT Championship Solos: 16-17 May & 23-24 May 2020

[Karilee Free-Ex Frenzy](#): 7 June 2020 (TBC)

Deanne Teams Comp: 13-14 June 2020

Calisthenics Nationals: Darwin 8-11 July 2020
for ACT selected performers and supporters.

Stage Practice: 4-9.30pm – 30 July 2020 (TBC)

Cali ACT Prelim Teams – 1-2 August 2020

Karilee Specialist Coaching: 28-30 August 2020 (TBC)

Stage Practice: 4-9.30pm – 17 September 2020 (TBC)

Cali ACT Champ Teams: 19-20 September 2020

Royal South Street Society (RSSS)

[RSSS Ballarat competitions](#): October 2020

2020 RSSS competition timetable – published late April

Karilee Competition Dates will be published when available

Karilee End of Year Concert – (TBC) November 2020

Karilee Dinner – 15 December 2020 (TBC)



Waste Away - Support this business that supports your club!
<http://www.wasteaway.com.au/>