



Codes of Conduct for Families

At Karilee, we are committed to making participation in calisthenics as much fun as possible for everyone. We believe that participation fosters social, emotional, personal and physical development in our team members. In supporting this endeavour, we have expectations that our participants and their families understand and follow the Codes of Conduct of our club, Karilee Calisthenics; Calisthenics ACT (Cali ACT) and the Australian Calisthenics Federation (ACF).

Families - my girl, my club, myself

My girl

I/we will:

- remember that my girl participates in calisthenics for her enjoyment, not mine;
- let her learn from her mistakes and encourage her practice and participation;
- focus on her and her team's performance, not the final result;
- never ridicule her or any other dancer for making a mistake;
- do my best to reassure and encourage her; and
- always accept decisions of an Adjudicator, Calisthenics ACT or Club Official; and
- teach my girl to also accept these decisions.

My club

I/we will:

- offer my skills to support our club (e.g. sewing, accounting, fundraising etc); and
- readily volunteer to help with team and club activities (e.g. BBQ's, Karilee Solo Comp duties, Cali ACT Club Competition rosters etc.).
- pay the relevant fees when due or over the course of the year using a payment plan.

Myself

I/we will:

- always display control, respect and professionalism to all involved with calisthenics, competitors, coaches, officials, administrators, parents and other spectators;
- encourage my daughter to do the same;
- let the coach do the coaching;
- refrain from any form of harassment towards, or discrimination of others; and
- support all efforts to remove verbal and physical abuse from calisthenics.

Social Media Guidelines

Karilee recognises that many of our families, participants and coaches use various forms of online social media that allows us to easily publish, share and communicate ideas and information. It is important however to acknowledge the public and potentially permanent nature of these online interactions, and recognise that the indirect form and anonymity of online communication may sometimes lead to inappropriate acts of harassment, including cyber bullying.

Think About Yourself and Your Friends...

I/we will:

- consider what I say before I say it – it may be on the web for a long time and could reach a very large audience;
- be polite, respectful and use appropriate language;
- take full responsibility for the effect that my actions and words may have on others;
- not post information about yourself or another member of the calisthenics community that is private or personal; this includes but is not limited to passwords, phone numbers and addresses;
- not upload, post or forward on information, pictures, films or web links that contain inappropriate or hurtful material about members of the calisthenics community;
- not pretend to be another person and post or upload in someone else's name. This includes but is not limited to creating false or fake accounts; and
- not use other people's devices (e.g. phones, laptops or tablets) without their permission.

Think About Karilee...

I/we will:

- use extreme care when posting information online that identifies myself as a Karilee person; being mindful to not post any information that reflects adversely on Karilee or any members of the Karilee calisthenics community; and
- not send or post information that could damage Karilee's image or reputation.

Think About our Society...

I/we will:

- be mindful of the type of fan-pages, groups and networks I sign up to;
- refrain from signing up to gossip/fan pages that are hateful, racist, obscene, hurtful or contain material that is inappropriate;
- be aware of the legal, social and civic implications of your online behaviour.

I/we have read, understood and agree to abide by Karilee's Code of Conduct.

I acknowledge failure to abide by this code of conduct may result in consequences up to and including cancellation of Calisthenics ACT registration and or legal action

Family Name:

Date:

Signature:

Calisthenics ACT - Social Media Guidelines for coaches, officials, parents and participants

These guidelines are in place to minimize the risk of social media engagement harming you, Karilee Calisthenics, Calisthenics ACT, all participants and their families.

Public vs Private

Whilst there are many privacy options available on your personal social media sites / accounts, it is difficult to guarantee that your posts are fully private. A best practice is to assume that anything you post on a site can be read by anyone, anywhere, at any time. Removing posts is not always a guarantee that it has not been recorded, or saved in some way.

Aim to always use good judgment when posting or discussing on line. Be very aware of how negative posts can affect your organisation, club, sport, and especially your own reputation and integrity.

Ask yourself before you post “Would my club, athletes, parents be happy to read this post”

A good motto is “CONSIDER SOCIAL MEDIA TO BE A LIVE MICROPHONE”

Be Professional, Fair and Respectful

When posting, always act in a professional manner. Be polite, consider who your potential audience reach is, and remain respectful of others and their opinions at all times.

Be Aware of Your Legal Responsibilities

Under the Australian Sport Commission, the Australian Calisthenics Federation and its members (i.e. Calisthenics ACT – and subsequent member clubs) are bound by a set of Policies relating to a number of issues, including communication and Member protection.

Be aware of the ACF Member Protection Policy with regard to child protection and ensuring a

child-safe and child-friendly environment for our participants. **This is of particular importance if you have Calisthenics Participants under the age of 18 linked into your site.** It is important that your site or posts do not contain inappropriate content or language that may contravene this code.

Be aware of the ACF communication policies and your personal responsibilities under these. In particular the messaging of inappropriate material and distributing pirated or copyrighted information,

Calisthenics ACT strongly recommend that coaches and officials do not link Calisthenics ACT members under the age of 18 into their personal sites. Organisation sites (i.e. club / team) specifically set up for the communication of team members, that is properly and carefully administered and controlled by a responsible adult, is a preferred method of social media communication for this vulnerable group.

Be Aware of Confidentiality

Do not disclose information that is considered confidential to Calisthenics ACT, your athletes, or your club. This includes personal information with regard to members.

Be Accurate

Before posting, ensure you have your facts straight - checked and double checked. If you discover you have made an error correct it quickly and ensure that you refer to the post that you are correcting.

Be Smart

Respect others intellectual property, including copyrighted material. If you are unsure who might own the copyright of material – err on the side of caution and do not post the content.

Source

CALISTHENICS ACT Social Media Code of Conduct document: <https://www.calisthenicsact.com.au/sites/default/files/documents/admin/cali-act-social-media-code-of-conduct.pdf>