



Karilee Calisthenics Covid-19 Safety Plan – Event Management Karilee Solo Competition – 5 to 8 March 2021

1 February 2021

Background Information:

The Karilee Solo Competition caters for calisthenics dance competitors who fall mostly in the 7 to 18 years age category. We have some older participants who form approximately 8% of our competition entries. Our audience members are made up mostly of parents of the competitors with some other family members also attending to watch. Our competitors and families are from the ACT with a very small minority of entries coming from outside the ACT. All entrants are pre-registered allowing numbers in each section to be managed. Families attending have pre-ordered tickets to ensure management of numbers and regulation of movement throughout the venue. Each family attending and all coaches and officials have been given information on the running of the competition and the general health and hygiene requirements that will be enforced. Agreement to these requirements is a condition of entry into the competition and the venue.

All attendees have been advised of the potential for the need to change guidelines or modify at any point before or during the competition. The competition will be run in compliance with ACT Government and health requirements and with the highest regard for the health and safety of all involved.

Arrival at the Competition

- Upon entering the venue all attendees are required to utilise the Check in Canberra App. Please use your phone to scan the QR code displayed. This will record your attendance at the venue and assist with contact tracing information should this be required.
- If you are unable to scan the QR code you will be required to provide your name and contact number to the front desk officials for recording purposes. You must provide contact details to be admitted to the venue.
- All attendees must hand sanitise on entry to the venue.
- Competitors and coaches are required to register at the front desk and will then be issued with a backstage pass to enable access to dressing rooms and back stage areas for the section they are competing in. No additional persons will be permitted back stage.
- **Please do not come to the competition if you are unwell.** If you, or anyone you have been in contact with, has been exposed to the Covid-19 virus or you have recently travelled to/from a known Covid hotspot you must exclude yourself from attending. If you become aware that you have been in an area that is announced as a hotspot after the fact please contact the Competition Co-Ordinator immediately.

- Any individual who is exhibiting high temperatures or cold and flu-like symptoms will not be admitted. If you become unwell during the course of the competition you must advise the Competition Co-Ordinator immediately so that we can make sure that appropriate care is given.

Physical Distancing requirements will be maintained at all times

- Coaches, Officials, Parents and all other attendees are expected to model physical distancing requirements at all times – only exception would be to attend to an injury or illness. Please immediately advise the Competition Convenor of any incidents that occur during the competition.
- Audience members attending the venue will be required to use the seating provided in both the auditorium and foyer areas and to maintain a distance of 1.5m. Please observe all direction, distance and number capacity signage.

During the Competition

- Sections will be block scheduled and run across one day to minimize contact between different age groups and audiences. Breaks will be scheduled between sections to ensure time is given for thorough cleaning between groups as required.
- Hands must be sanitised on entry to the venue, backstage area and auditorium. Sanitising stations will be available throughout the venue for regular use, and we encourage frequent hand washing.
- Officials will ensure that bathroom facilities, dressing rooms, foyer, auditorium and all other high touch surfaces are regularly cleaned during the day as recommended.
- Karilee will ensure that there is an adequate supply of soap, hand sanitiser, paper towel and disinfectant wipes and spray available at all times.
- While masks are not mandatory in the ACT we do encourage anyone attending, particularly if you may be at higher risk, have contact with other high risk family members, or may be feeling anxious to wear a mask as an additional precaution. Those attending the competition for an extended period or over several days may also wish to consider the benefits of wearing a mask.
- It may become necessary to change these requirements in line with regulations that are current at the time of the competition. We all hope that restrictions lift further, however in this uncertain time it could also mean tightening of restrictions and may include the introduction of:
 - Mandatory wearing of face masks
 - Audience limitations
 - Backstage number limitations
 - Changes to section numbers, times and mode of operation

Karilee reserves the right to deny entry or remove anyone who will not adhere to the requirements in place at the time of the competition.

Dressing Room and Back Stage Areas

- Dressing room areas will be strictly limited to necessary performers and coaches. Backstage passes will be issued for each section to those eligible. No pass = No entry.
- Hand sanitiser must be applied on entry to the backstage area.
- We recommend that coaches consider wearing masks when backstage.
- All performers, coaches and officials must maintain social distancing protocols as much as practically possible.
- Coaches and competitors are advised that due to current restrictions hair and makeup will need to be done before arrival at the theatre. Dancers should arrive ready for their performance as dressing rooms will only be available for a limited time prior to each section to ensure management of numbers back stage and allow time for cleaning between groups as necessary.

Audience Members

- Seats will be available in line with capacity limitations set out in ACT Government Directives.
- All seating will be pre-ordered and audience members must follow the directions given to ensure social distancing between groups sitting in the theatre.
- To manage and limit the movement around the venue the door attendant will admit audience members at the beginning of the section, will open the door half way through the section and then again at the end following adjudication.

Adjudication

- Coaches and competitors will be presented together on the stage socially distanced.
- After presentation Coaches will assist their competitors to pack up their bags and exit the backstage area via the loading dock to where parents will be waiting.
- Spectators are not permitted on stage after the Awards have been presented.
- Results will be published regularly via the Karilee Facebook page for those unable to attend.

Canteen - Food handling and Hygiene

- Kitchen staff will work in accordance with standard food handling requirements.
- Staff numbers will not exceed those required under current regulations in relation to available meterage.
- Particular attention will be given to hand hygiene at all times.
- All surfaces will be regularly sanitised.
- Plastic plates, cups, bowls and cutlery will be used once and then disposed of to ensure no contamination between individuals.
- All food will be individually packaged/served onto individual plates to avoid cross-contamination.
- All special dietary foods will be prepared and stored or plated separately to avoid any cross contamination.
- Customers will be required to remain 1.5m apart while waiting to be served. Signage will be provided to assist with management.
- Customers will be encouraged to take their purchases outside to consume in the fresh air.

Departure from the Competition

- Participants will be asked to pack up their bags and exit via the loading dock to an outside waiting area ready for departure.
- On completion of the competition section, parents are asked to leave the venue via the side door and make their way around the building to collect their child from the designated area outside the loading dock.
- No children are to be left alone in the waiting area. Coaches, or a competition official, must wait with competitors until a parent collects them.
- Parents, please refrain from congregating in close groups outside the buildings while waiting for your children, it is important that social distancing be maintained at all times.

Incident Management and Reporting

- The Competition Co-Ordinator will keep a register of attendance on site for the purposes of providing details in the case of contact tracing.
- No-one is to come to competition if they are unwell.

- Participants, coaches, officials, parents or other attendees who are showing any high temperatures or cold and flu-like symptoms must exclude themselves from the competition. Anyone showing signs of illness will not be admitted.
- If an individual has been tested for COVID-19 they must immediately self-isolate and not attend the competition.
- Any individual who has been in contact with a confirmed case of COVID-19 must not attend.
- Any individual who has returned from an international destination must not attend camp unless they have completed the mandatory isolation period.
- Karilee must be notified immediately of any suspected or confirmed cases of the virus. This should be done as soon as possible via telephone. The Competition Co-Ordinator will then be responsible for notifying ACT Health and venue management, as well as notifying clubs and event attendees.

Non-Compliance

In the event that any competition participant, attendee, coach or official fails to comply with our safety protocols the following steps should be taken:

- The Competition Co-Ordinator or other official should remind the person/s of the safety protocols if they see breaches.
- Non-compliance with the safety protocols should be documented on the attendance sheet and brought to the attention of the Competition Co-Ordinator and President.
- If the participant is under 18, incidents of non-compliance should be communicated to the Competitors coach and/or parents either in person or via a phone call.
- Depending on what protocol is being breached, the participant, coach, official or attendee involved will be requested to leave the venue.

Contact Details

Competition Co-Ordinator – Jacqueline Reber – 0438 104 860
(Covid Safe Sport Coaches and Officials Certification held)

President – Karin Craig – 0421 673 356