



KARILEE SOLO COMPETITION INFORMATION

Friday 11th to Monday 14th March 2022

Karilee has pleasure in extending an invitation to all interested Calisthenic Clubs and Members to enter our annual Solo Competition to be held at the Canberra College Performing Arts Centre.

As we move forward with our preparation for the 2022 solo season, the Solo Competition organisers continue to stay up to date with public health requirements as part of our commitment to providing a safe environment for all of our performers, coaches and attendees. We ask in advance for your understanding in this ever-changing climate as we may need to change guidelines or modify at any point before or during the competition.

Please take the time to read through all the information provided so that you are fully aware of how the competition will run and any compliance orders that may affect us over the weekend. Karilee will change these guidelines as necessary in order to comply with all current ACT Government and health requirements and to ensure we provide a safe environment for all involved. The committee will provide a further update closer to the time of the competition in order to fully inform our competitors, coaches and families of any changes.

Registrations will be via our on-line entry forms. Competitors will need to access the Karilee website, fill in all the required details and accept terms of entry before submitting their entries online. A confirmation email will be sent to both the competitor and coach once registration has been received.

Interstate competitors should note that while Karilee welcomes your entry we cannot be responsible for any changes to border restrictions and quarantine requirements that may occur. We advise you to make bookings that can be cancelled or changed as necessary without financial penalty. Karilee will refund all entry fees for interstate competitors unable to attend due to changes in restrictions and border closures.

Please read the information provided below so that you are fully aware of all terms and conditions of entry as well as the general health and safety guidelines that have been established and those that may be introduced if required:

Venue: Canberra College Performing Arts Centre, Launceston Street, Phillip, ACT.

Sections: We anticipate being able to offer the full suite of traditional items with all divisions being offered across all age sections where there are sufficient entry numbers. Items have been pre-scheduled to assist with planning. Timing of sections will be available once all entries have been received and entry numbers confirmed.

Programme:

Friday evening:	All duo sections (Sub Juniors, Juniors, Intermediates and Seniors)
Saturday:	Sub Junior Cal Solo, Intermediate Cal Solo and Senior Cal Solo (all Divisions)
Sunday:	Tinies Cal Solo, Sub Junior Graceful, Junior Graceful and Senior Graceful (all Divisions)
Monday:	Junior Cal Solo and Intermediate Graceful (all Divisions)

- Divisions:** Competitors will be entered into divisions based on their Calisthenics ACT grading, if you have not received an ACT grading please ask your coach which division you should enter. Interstate Competitors should use the grading from their own State, and we will enter you into the equivalent section based on the information you provide. Once all entries have been received, we may combine some divisions if numbers of entries are low. If a maximum number of entries have been reached in a particular section, Karilee reserves the right to close the section and refuse any further entries. Competitors, Clubs and coaches will be notified if this occurs.
- Tinies Section:** Entries for the Tinies Solo Section are open to any registered Tiny Competitor aged 7 years and under. The ethos behind the Karilee Solo competition is to provide a friendly and fun experience for all our competitors and as such we will be offering two divisions for Tinies Cal Solo – Competitive and Non-Competitive. The competitive division will run the same as any other section with placings given and all rules observed (including prompting which incurs a 10 point deduction). The non-competitive Tinies division will focus on getting our youngest competitors on stage for a fun experience. Prompting will be permitted (and encouraged) from either side-stage or on-stage, coaches will receive a critique paper with comments only - **no placings or mark up will be given**. All entrants into the non-competitive division will receive a participation award.
- Times:** The final schedule section times and breaks will be advised to coaches after entries are received and processed.
- Entries:** **Entry forms are due by Sunday, 13th February 2022**
- To enter please register online at <https://karilee.com.au/competitions/karilee-solo/entry-form/>. Instructions and contacts for assistance are provided with the on-line entry form.
- If you are having difficulties completing the form on-line please contact Maureen via email karilee.solo@manda.com.au, for assistance. For all other enquiries Jacqui is available via email karileesolocomp@gmail.com or phone 0438 104 860.
- Karilee encourages competitors to enter by the due date as late entries cannot be guaranteed acceptance and will only be considered if there is space in the section and the late entry is received prior to finalisation of the competition schedule.
- Performance Videos:** Performance videos are included with all entries and will be provided to both the coach and competitor via a DropBox link. The link will be emailed to the contacts provided following finalisation of your entry. When first received your DropBox file will be empty - the video will be uploaded two to three days after the competition.
- Photography:** We are pleased to again offer participants the opportunity to have on-stage photographs taken at the competition.
- All photos must be pre-ordered and pre-paid on the Karilee Solo Entry Form.**
- Costs for on-stage photographs for 2022 are \$20.00 per item for a Solo or Graceful and \$40 for a Duo – each duo partner will receive a copy of the photos taken only one order is required. Please note that no orders will be taken during the competition.**
- Lighting:** The only lighting cues available will be blackout or full lights. Coaches will communicate with the theatre techs to call lighting options on the day. No lighting sheets are required.

- Music:** Coaches will be notified when music is due after the competition schedule is finalised. Each coach will be provided with specific section and competitor number to ensure correct labelling of music prior to submission. **All Music must be correctly named and submitted in the correct format. Please watch for emails with further details.**
- Critique Papers:** All critique papers will be sorted into individual folders for collection by coaches throughout the competition. **Please do not congregate around the green room entrance after sections we will file your crits and keep them safe until you have time to collect them. Papers will be handed to the listed coach only.** If someone else is looking after your competitors please notify the Co-Ordinator to make arrangements for crits to be handed to them. **Neither competitors nor parents will be handed critique sheets.**
- Dressing Rooms:** Under present regulations we will need to meet density capacity limits of one person per 2m². This should give us plenty of capacity in the dressing room areas but we will need to monitor numbers backstage. Signs will indicate the maximum number of people per area and competitors and coaches will need to comply with these limits. Staff will be checking and those not required back stage will be asked to leave if numbers are near capacity. **NO parents will be permitted backstage to assist us to meet capacity requirements.** Coaches and competitors will be checked-in prior to entry back-stage and hand sanitiser must be applied. Masks will be required to be worn by everyone over the age of 12yrs. We would recommend that younger competitors consider wearing masks although not mandatory.
- A list of coaches and competitors will be kept and marked off prior to entry back stage similar to last year. However, unlike last year, we will be able to have girls come and go to get hair and make-up done by coaches during other sections. In order to keep control of numbers back stage we ask coaches to please limit how many competitors they have backstage at any one time. Once we have a draw finalised coaches will be asked to advise us of any extra competitors who will need access to a section other than their own so that we can add them to the backstage list.
- Warm up Room:** The Dance Room will be made available for use by all competitors as a warm up room. Please note that no food is to be taken into this room – only water. No shoes are to be worn in the dance room to protect the floor. Coaches and competitors are asked to please observe the number restrictions displayed on the door.
- Stage Information:** A Plan of the stage with dimensions is available for your assistance. Please note that the stage will be marked forward of the front wing to give a depth of 8m. The girls will find the stage just a bit smaller than the Erindale Theatre. Competitors may work over the front line if necessary. The following link will give you some idea of what the theatre looks like -http://www.canberrac.act.edu.au/information/performing_arts_centre
- Coaches are advised that there is no front or back curtain available. Competitors will need to start centre backstage in a blackout or enter from side stage.
- All coaches and competitors will be required to sanitise hands before entering side stage, and of course masks are mandatory for all except the performer. Wipes will be provided for the sanitisation of headsets after each coach. Please assist the stage manager with this process.

Adjudication: Coaches and competitors will be presented together on the stage for adjudication. This was a very popular change brought in last year with our audience members saying that they enjoyed being able to see who the coaches were. Often our coaches are names only and it is fitting that we celebrate their achievements along with their competitors. Senior Sections will be presented on stage without coaches.

Results will be published regularly via the Karilee Instagram and Facebook pages for those unable to attend.

Canteen: Food and drinks will be available throughout the competition in line with health regulations prevailing at the time. Please follow all signage and directions given.

Competitor Entry fees for 2022 are as follows:

Item Fees: \$45.00 per competitor for solo and graceful items
\$50.00 per Duo item – only one entry is required per duo. Competitors should coordinate as to who will be responsible for submitting entry form and making payment.

Payment Method: Please pay the correct amount for entries on-line or at a National Australia Bank branch.

Direct deposit to **Karilee Solo Competition**
BSB: 082-926, Account number: 97-933-2555

Please reference deposits with name and age group.

If paying over the counter at the bank, please email your receipt to karilee.solo@manda.com.au to allow matching of payments.

Entries are only finalised when correct payment has been received.

Audience Ticket Prices for 2022 are as follows:

Adults: \$15.00 per session
\$50.00 per day
\$150.00 all weekend

Children & Concession: \$8.00 per session
\$30.00 per day
\$80.00 all weekend

Programmes: \$2.50 each

Tickets and Programmes can be pre-purchased on-line or directly from the ticket box on the day of competition.

A digital program will be available from the Karilee website when finalised.

In 2022, there will be a new process available for the pre-purchase of Audience Tickets and Programmes.

Tickets and Programmes can be pre-ordered via the Karilee revolutioniseSPORT platform link.

When an order has been placed an invoice will issue automatically.

Once payment is received a receipt and eTickets will be sent via email from revolutioniseSPORT. These tickets can then be presented to the ticket box for a wrist band.

Prepaid Programmes will be held at the ticket box for collection on arrival at the venue.

Audience: Seating is available at 100% capacity at this time. If capacity limits change we will notify families and make whatever arrangements are necessary.

Attendees should assess their own capacity to safely attend the competition. Those in high risk categories (including, but not limited to, people 70 years and older, those with chronic medical conditions and/or compromised immune systems and Aboriginal and Torres Strait Islander people 50 years and older) should carefully consider attendance and seek medical advice if unsure of their safety.

Audience members should note that the wearing of masks for everyone over the age of 12 years is mandatory and you will not be permitted into the venue without either a mask or an exemption.

General Health Requirements:

The stage, dressing rooms, foyer, bathrooms, and any other high contact areas will be cleaned and sanitised regularly during the event.

The [Check in CBR app](#) will be used to record attendance and provide contact tracing details to the ACT Government. Please download the app before arriving at the venue. All Attendees and Coaches will be required to check in via the App when entering the venue. Competitors must register their arrival at the back stage entry desk. If you are unable to use the App on your phone an alternative will be provided.

Masks are mandatory indoors in the ACT for everyone aged 12 years and over.

Hands must be sanitised on entry to the venue, backstage area and auditorium. Sanitising stations will be available throughout the venue for regular use, and we encourage frequent hand washing. Social distancing should be practiced by all those attending the event.

Please do not come to the competition if you are unwell. If you, or anyone you have been in contact with, has been exposed to the Covid-19 virus or you have recently travelled to/from a known Covid hotspot you must exclude yourself from attending. If you become aware that you have been in an area that is announced as a hotspot after the fact please contact the Competition Co-Ordinator immediately. Any individual who is exhibiting high temperatures or cold and flu-like symptoms will not be admitted. If you become unwell during the course of the competition you must advise the Competition Co-Ordinator immediately so that we can make sure that appropriate care is given.

Karilee must be notified immediately of any suspected or confirmed cases of the virus. This should be done as soon as possible via telephone. The Competition Co-Ordinator will then be responsible for notifying ACT Health and venue management, as well as notifying clubs and event attendees.

It may become necessary to change these requirements in line with regulations that are current at the time of the competition. Changes that may come into effect could include:

- Audience limitations
- Backstage number limitations
- Changes to section numbers, times and mode of operation

Karilee reserves the right to deny entry or remove anyone who will not adhere to the requirements in place at the time of the competition.

We understand that the above information is somewhat overwhelming!!!

NEED ASSISTANCE??

HAVE QUESTIONS??



WE ARE HERE TO HELP!!

Registration and General Enquires

Registration: Karilee Secretary, Maureen Bourne
Email karilee.solo@manda.com.au Mobile: 0404 848 612

General Enquiries: Karilee Solo Competition Coordinator, Jacqueline Reber
Email karileecomp@gmail.com Mobile: 0438 104 860

On behalf of the Karilee Competition Committee, we wish you a successful and happy competition season.

Jacqui Reber and Maureen Bourne

Karilee Solo Competition Committee