



Karilee Catch Up January 2022

2022 Registration for Karilee Teams

Registrations for 2022 Karilee Teams are now open.

Ready, Set, Go! Hope to see you all again for the 2022 season. To register or renew with Karilee for 2022 go directly to our [revolutioniseSport Record Management System](#) (revSport RMS) or follow the links on our website at <https://karilee.com.au/registrations/> to get your registrations done!

Registrations can be completed on your computer, tablet or mobile.
If you need more information contact Maureen via karileesecretary@gmail.com.



2022 Teams, Times and Venues

Karilee is looking forward to the 2022 training and competition year. Below is a list of the training times and venues. Please note the change to some venues. **Expressions of interest for the Tiny Tots class.**

Team	Day	Time	Venue
Tiny Tots	Saturday	10.30am to 11.30am	Weston Creek Community Centre
Tinies	Tuesday	4.30pm to 5.45pm	Stromlo High School, Weston Creek
Sub Juniors	Tuesday & Thursday	5.00pm to 6.30pm	Weston Community Hub, Weston Creek
Juniors	Monday	5.30pm to 8.30pm	Stromlo High School, Weston Creek
Intermediates	Monday	6.00pm to 9.00pm	Namadgi School, Kambah
Seniors	Wednesday	6.00pm to 9.00pm	Weston Community Hub, Weston Creek
Masters	Tuesday	6.30pm to 8.30pm	Holy Trinity Primary School, Curtin

2022 Karilee Coaching Teams

Karilee proudly announced the Coaches Cadets and Class Assistants for 2022 via our social media platforms late in October in preparation for the 2022 season.

All Karilee registered Level One coaches have been appointed a buddy. This initiative is designed to create improved links with our coaches across different age groups and allow our recently registered coaches to be mentored by our more experienced coaches.

Team	Principle Coaches	Assistant Coaches	Cadets	Class Assistant
Tinies	Simmy Barker	Sarah Goodwin	Emily Bourne Sarah Adam Abbie Matthew	Mia Wright Olivia Pratt Emma Nicholson
Sub-Juniors	Rachel Holdway	Taryn Leslie Kasey Galloway Natalie Sainsbury		Chelsea Woodward Sophie Knight Bonnie Wilder
Juniors	Merry Jackson	Louisa-Jane Barker Samantha Bourne	Laura Stirton Dannielle Hewitt Jacinta Bourne	
Intermediates	Taylor Bye	Stacie Howell Jacqueline Dunn		McKinley Darby
Seniors	Jess Phokos	Stefanie Frick		
Masters	Jodie Sims	Liz Arnold		



Karilee Committee

The work of the [Karilee Committee](#) is vital to the running of our club.

Please consider nominating for a position on the committee for 2022.

There is a lot you can learn by being part of the committee. Talk to one of the current committee to get more information or contact the secretary or president or come to a meeting to see for yourself.

We would like you to consider nominating for the committee next year as we have a number of expected vacant positions and members holding multiple positions.

A [nomination form](#) is available from the Karilee website.

Meetings are generally held on the second Monday of the month at the Southern Cross Club in Woden from 7:30pm. We also have the ability to attend the meeting online via Microsoft Teams.

Some committee members meet before the meeting usually around 6.15pm to have a social drink or dinner before heading into the meeting.

The 2021 Karilee Committee was elected at the Annual General Meeting (AGM) on 25th March 2021. **The next AGM is set for 21st March 2022.** See the current list of committee members in the list below.

EXECUTIVE POSITIONS:	NON EXECUTIVE:	DELEGATES:
PRESIDENT:	ASSISTANT SECRETARY:	CALI-ACT DELEGATES:
Karin Craig	Vacant	Karin Craig
karileepresident@gmail.com	karileeassistantsecretary@gmail.com	
VICE PRESIDENT:	ASSISTANT TREASURER:	Cali-ACT COMPETITION DELEGATES:
Jacqui Reber	Vacant	Emma Patterson, Nicola Todd, Andrew Bourne & Bronwyn Stirton
karileevicepresident@gmail.com	karileeassistanttreasurer@gmail.com	
HEAD COACH:	MERCHANDISE OFFICER:	karileecompdelegate@gmail.com
Rachel Holdway	A/g Maureen Bourne	
karileehheadcoach@gmail.com	karileemerchandise@gmail.com	
SECRETARY:	COMPETITION COORDINATOR:	CALI-ACT COACHES DELEGATES:
Maureen Bourne	Jacqui Reber	Rachel Holdway
karileesecretary@gmail.com	karileecomp@gmail.com	karileehheadcoach@gmail.com
TREASURER:	SKILLS COORDINATOR:	
Nicola Todd	Jacqui Reber	
karileetreasurer@gmail.com	karileeskills@gmail.com	APPOINTMENTS:
REGISTRAR:	SOCIAL MEDIA:	WEB MASTER:
Courtney Barker	Jana Prencel, Taryn Leslie and Jacqueline Dunn	Maureen Bourne
karileeregistrar@gmail.com	karileemedia@gmail.com	karileewebmaster@gmail.com
	PROPS COORDINATOR:	WEB ADMINISTRATOR:
	Vacant	Andrew Bourne
	karileeprops@gmail.com	andrew@manda.com.au
2022 TEAM REPRESENTATIVES		
TEAMS	TEAM MANAGERS	WARDROBE MANAGERS
<i>Tinies</i> karileetinies@gmail.com		
<i>Sub Juniors</i> karileesubbies@gmail.com	<i>Lucy Stephenson</i>	<i>Kate Cerne</i>
<i>Juniors</i> karileejuniors@gmail.com	<i>Amy Eveston</i>	<i>Vanessa Friedman</i>
<i>Inters</i> karileeinters@gmail.com	<i>Jen Woodward</i>	<i>Vanessa Bye</i>
<i>Seniors</i> karileeseniors@gmail.com	<i>Brioni Bale</i>	<i>Catriona Galloway</i>
<i>Masters</i> karileemasters@gmail.com	<i>Karin Craig</i>	<i>Jacqui Reber</i>

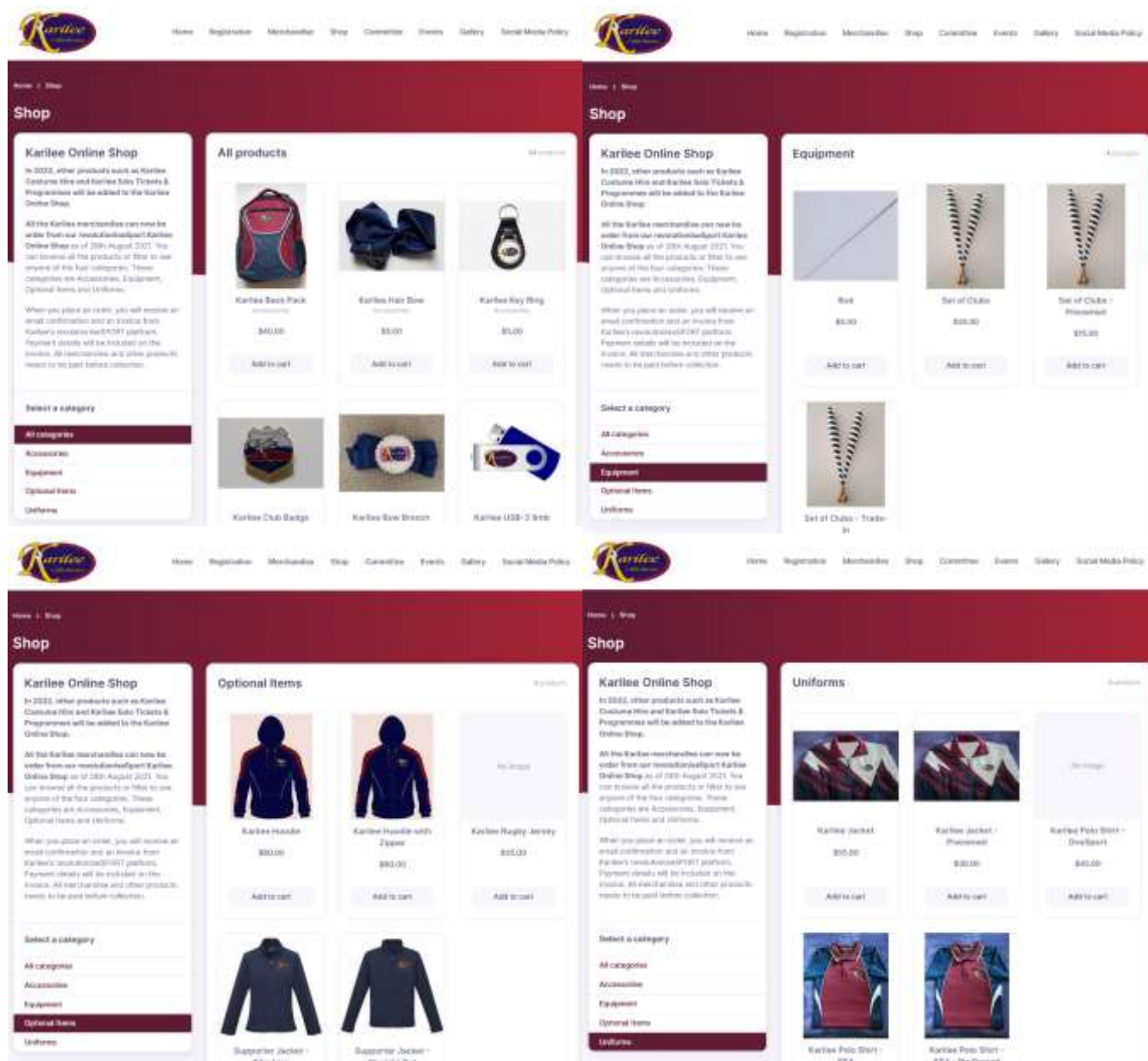
Online Merchandise Orders

Karilee has changed our method of ordering merchandise to a new [Karilee Online Shop](#) via our revolutioniseSport Record Management System (revSport RMS) to make it easier for our Merchandise Officer to process your orders and keep control of our stock merchandise items.

Remember that when you go to order items from the [Karilee Online Shop](#) to use yours or your daughters login. You can also register if you are a life member, committee member, team or wardrobe manager, coach or a volunteer. If you already have a log in but have forgotten your login details you can [reset your login from the login page](#).

The Karilee Online Shop also makes it easier for members to order their uniforms, a range of optional items and other accessories. These accessories include back packs, bows, club badges, water bottles, key rings, 8mb USB-3 portable drives and sparkly Karilee broches.

Equipment will be measured & ordered by team or wardrobe managers; then you will receive an invoice to pay for your equipment.



You can also place a pre-order for the Karilee Anniversary Hoodie & one of two styles of Karilee Supporters Jackets. Please, remember that we require 10 orders for hoodies and supporters Jackets before Karilee can place an order. Payment is required prior to Karilee placing the order. It takes 4 to 6 weeks once the order is placed before the garments are delivered. It is very important to check and order the correct size as no additional stock is ordered. If an exchange is required, Karilee will assist you to on-sell your hoodie or supporters jacket.

Contact karileemerchandise@gmail.com with enquires or orders.

Karilee Dinner

On Thursday the 9th December 2021, Karilee life members, committee members, team & wardrobe managers, and coaching teams all gathered at The Patio restaurant at the Woden Southern Cross Club to celebrate the end of our year!

Thank you everyone for your patience, resilience and dedication over this challenging year!

We couldn't do it without you all. **Bring on 2022!**



Above: Mostly our Life Members.

In future years, Karilee hopes to expand on those attending the end of year dinner and make this an annual social event.

As well as being a great social night with time to catch up, this event will also contribute to our club's fundraising.



Above: Marg, Malcolm, Vanessa, Courtney, Jan, Gaye and Kari.



Karilee coaching teams tables.



Karilee End of Year Picnic and Award Presentations

Due to the covid restrictions during 2021, Karilee opted for an end of year afternoon picnic to allow the whole club to get together to present our annual awards.

The 2021 Karilee EOY Picnic was held on Sunday, the 5th December 2021 at Fadden Pines.

It was great to see so many families at the picnic who braved the cold and windy weather to celebrate our achievements for 2021.

During the year the coaches lead by Rachel Holdway revamped our annual awards and new perpetual award trophies were purchased.

The following 2021 awards were presented:



Congratulation to all those who have been presented with these awards.

Many thanks to our social media team for preparing and posting these awards on FaceBook & Instagram.

Karilee is honoured to acknowledge the years of participation and service as a volunteer and a coach.



Special congratulation to our two new life members and many thanks for the work and commitment to Karilee over many years.

Both these ladies have earned their appointments as Karilee Life Members.



Go to the new Awards page on the Karilee website to see all our Life Members and Ann Craig Award recipients.

<https://karilee.com.au/awards/>

2022 Karilee Solo Competition

Entries are NOW OPEN! Entries for the Karilee Solo Competition opened on 1st January 2022.

The Karilee Solo Competition will be held from Friday, 11th March to Monday, 14th March 2022 at the Canberra College Performing Arts Centre. Interstate competitors welcome!

For online entry form, conditions of entry and more information go to <https://karilee.com.au/competitions/karilee-solo/entry-form>.

Entries will close on Sunday, 13th February 2022, or earlier if maximum numbers are reached.

Use this hash tag to send #karileesolos2022 to our Social Media platforms.

2021 Karilee Solo Competitors and Volunteers



[#karileefamily](#): use our hash tags to see other photos for our Social Media platforms.



Many thanks to our social media administrators for these images

2022 Cali-ACT Solo & Duo Competition

Cali-ACT are offering two solo / duo competitions in 2022 at the Erindale Theatre:

Both competitions will be held over two weekends due to the high number of expected entries.

2 – 3 April and 9 – 10 April 2022 - Cali-ACT Preliminary Solo / Duo Competitions

14 – 15 May and 21 – 22 May 2022 - Cali-ACT Championship Solo/Duo Competitions

Entry for the 2022 Cali-ACT Solo / Duo Season will again be done via [myStage](https://www.mystage.com.au).
ENTRIES WILL BE OPENING SOON and USUALLY CLOSE LATE FEBRUARY 2022.

Go to the Calisthenics ACT website for more information:

<https://www.calisthenicsact.com.au/competitions/>

Cali-ACT Skills Program

The Cali-ACT Skills Program was run during November 2021 and finished with exams early in December 2021. Karilee is pleased to announce that we had lot of our members enrolled in Skills this year and all passed their Skills level exam. Certificates will be posted when available.

Many thanks to Jacqui Reber and Jossie Edmonds for running this skills program for the ACT by keeping the options open during a difficult year with many covid restrictions.

Southern Cross Club Community Rewards Program

Karilee has again been accepted into the [Southern Cross Club Community Rewards Program](https://www.southerncrossclub.com.au), this is a wonderful fundraising opportunity for our club.

We need our members, their family and friends to support us. If already a member of the Southern Cross Club but haven't yet registered Karilee as your community partner, please [nominate our club](#). If not a member simply [sign up to any of the Canberra Southern Cross Clubs](#) and nominate us as your community partner.

Why not plan a lunch, dinner or Show at the Southern Cross Club with friends and family over the next couple of months?

Make sure your membership is linked to Karilee and that you use your membership card when purchasing food and drinks to help us increase our fundraiser for 2022 from the Rewards Program.



Here is a link to What's On at the Southern Cross Club with the latest events and shows:

<https://www.csccl.com.au/whats-on/category/whats-on>

Our newest Level One coach - Jacqueline Dunn

Karilee is so excited to share news of our newest Level One coach - Jacqueline Dunn.

Jacqueline was assessed by a Cali-ACT appointed assessor in November 2021 when covid restrictions were lifted in the ACT to allow the Juniors Team to get together for the training assessment.

We are so proud of you Jacqueline and can't wait to see what your bright future brings! Congratulations J ❤️💙💜

Jacqueline will join the 2022 Intermediate Coaching Team.



Deanne and Cali-ACT Preliminary Teams Competition 2021

A big thank you to all our coaches and management teams for guiding the Karilee teams in 2021.

Karilee Tinies

Check out our 18 terrific Tinies! What an awesome way to start a competition. Did you know that nine of these girls stepped on stage for the first time at the Deanne Competition?

A message from Simone our Tinies principal coach about the Deanne performance “The coaches and I are so proud of our talented group of Tinies. All of them were excited to get on stage and are definitely the future stars of Karilee ❤️” [#karileekarileeyes](#) [#karileefamily](#)



Karilee Sub Juniors

Our stunning 22 Sub-Juniors! What a special group of little ladies.

A message from Rachel our Subbies principal coach about the Deanne performance “They had such a great day today. All girls tried so hard whether it was their first time ever on stage or they’ve been performing since they were two years old. We had a lovely time together and saw the girls putting their training into action while making lots of new friendships with their team mates.”❤️



Karilee Juniors

Our gorgeous 15 Juniors! What excellent performances at the Deanne Competition.

A message from Merry our Juniors principal coach about the Deanne performance “So proud of how the Juniors performed today, they try so hard and always strive to improve and excel. Can’t wait for the rest of the year!”



Karilee Intermediates

What fantastic performances from our Intermediates! Special thanks to coaches and management.

A message from Taylor and Stacie our Intermediate co-coaches about the Deanne performance “We are so incredibly proud of our beautiful sixteen (16) Intermediates today! They performed amazingly but more importantly they were such incredible friends and supporters to each other. We can’t wait to see what the rest of the year holds with this absolutely stunning team of girls ❤️”



Karilee Seniors

The competition wrapped up with our fabulous Seniors! Thank you for being such incredible role models and inspirations for the rest of the club.

A message from Jess our Seniors principal coach about the Deanne performance “Karilee Seniors took the stage like the absolute pros they are! They are the most beautiful ladies on and off the stage and make me so proud every week! Can’t wait to see what the rest of the year brings!”



Karilee Masters

What spectacular performances from our Masters team. Special shout out to their coach Jodie and manager Karin who not only kept everyone organised but also performed in every item!

A message from principal coach Jodie about the Deanne performance “Our team took the stage with style today! Performing as a Master requires a different kind of confidence, and we appreciate so much the support and encouragement to continue participating in a sport we know and love.

Great work” [#karileemastersyes!](https://twitter.com/karileemastersyes)”



Cali-ACT Club Champions 2021

Congratulations to the Karilee family who are once again ACT Club Champions for 2021!

We are so proud of the persistence and dedication of each and every one of you!

Thank you to Calisthenics ACT for their hard work in keeping us connected and motivated during such a challenging year.

Key Dates for 2022

Major events for the coming year for you to add to your calendar.

Karilee Registration during January 2022

Karilee training – Start first week of school term 2022
 Check team training venues for 2022 – [Teams and Times](#)

ACT Solo Competitions

Karilee Solo Competition: 11-14 March 2022

Entries open, make sure your registration and
 Cali-ACT Fee is completed before you enter.

Entries close on Sunday, 13 February 2022

Cali-ACT Preliminary Solos: 2-3 April & 9-10 April 2022

Cali-ACT Championship Solos: 14-15 May & 21-22 May 2022

Interstate Solo Competitions

Cali Unite 2022: 6-9 July 2022

The Events Centre, Caloundra QLD

Calisthenics Nationals: Perth 11-17 July 2022

for ACT selected performers and supporters.

ACT Team Competitions

Karilee Free-Ex Frenzy or other item: 29 May 2022 (TBC)

Deanne Teams Comp: 4-5 June 2022

Stage Practice: 4.30pm-9.30pm – 21 or 28 July 2022 (TBC)

Cali ACT Prelim Teams Comp: 30-31 July 2022

Karilee Specialist Coaching: early-mid August 2022 (TBC)

Stage Practice: 4.30pm - 9.30pm – 1 or 8 September 2022 (TBC)

Cali ACT Champ Teams Comp: 10-11 September 2022

Interstate Teams Competitions

NSW Team Competition

2022 Dates to be confirmed

Queensland Team Competition: Helensvale Calisthenics
 2022 Interstate Club Competition – 19-23 September 2022

Royal South Street Society (RSSS) – Ballarat, Victoria

RSSS Ballarat competitions: Oct-Nov 2022

2022 RSSS competition timetable – usually published late April

Karilee Competition Dates will be published when available

Karilee EOY Event & Presentation – Nov-Dec 2022 (TBC)

Karilee EOY Dinner – Nov-Dec 2022 (TBC)

