



Karilee Calisthenics Covid-19 Safety Plan – Event Management Karilee Solo Competition – 11 to 14 March 2022

5 March 2022

The Karilee Calisthenics Competition Committee is committed to being able to provide our coaches, competitors and their families with the opportunity to perform in a safe and well-managed environment. Our competition will be held in a manner that prioritises the health and safety of all attendees, complies with all government and venue requirements and meets strict procedural and administrative standards. While we continue to be presented with challenges, our goal is to host a competition in a safe and healthy environment, while continuing to provide a fair, exciting & memorable experience for everyone. The parameters in which we are operating are constantly changing and the protocols detailed below are designed to ensure that everyone understands what is required. If you have any questions, please do not hesitate to contact the Competition Co-Ordinator.

Background Information:

The Karilee Solo Competition caters for calisthenics dance competitors who fall mostly in the 7 to 18 years age category. We have some adult participants who form approximately 10% of our competition entries. Our audience members are made up of mostly family members attending to support their children. Our competitors and families are from the ACT with a very small minority of entries coming from outside the ACT. All entrants are pre-registered allowing numbers in each section to be managed. Each family attending and all coaches and officials have been provided with a copy of this information so that all attendees are aware of the competition and the general health and hygiene requirements that will be enforced. Agreement to these requirements is a condition of entry into the competition and the venue.

All attendees have been advised of the potential for the need to change guidelines or modify at any point before or during the competition. The competition will be run in compliance with ACT Government and health requirements and with the highest regard for the health and safety of all involved.

Arrival at the Competition

- As our venue is an educational facility we ask that all attendees utilise the Check in Canberra App on arrival. Please use your phone to scan the QR code displayed. This will record your attendance at the venue and assist with contact tracing information should this be required.
- Masks must be worn in all indoor spaces. This is a requirement of entry into the venue and forms part of our hire agreement.
- All attendees must hand sanitise on entry to the venue.
- Competitors are required to check in at the stage desk before entering the backstage and dressing room areas. No additional persons will be permitted back stage in order to maintain as safe an environment as possible.

- Coaches are required to check in at the Green room to receive your pass to backstage and theatre entry for the day.
- **Please do not come to the competition if you are unwell.** If you, or anyone you have been in contact with, has tested positive to the Covid-19 virus you must exclude yourself from attending. If you receive a positive Covid test after the competition and become aware that you may be infectious while attending please contact the Competition Co-Ordinator immediately.
- Any individual who is exhibiting high temperatures or cold and flu-like symptoms will not be admitted. If you become unwell during the course of the competition you must advise the Competition Co-Ordinator immediately so that we can make sure that appropriate care is given.

Physical Distancing requirements will be maintained at all times where possible

- Coaches, Officials, Parents and all other attendees are expected to model physical distancing requirements as appropriate.
- Audience members attending the venue will be required to use the seating provided in both the auditorium and foyer areas and to maintain a distance of 1.5m where possible. Please observe all direction, distance and number capacity signage.

During the Competition

- Hands must be sanitised on entry to the venue, backstage area and auditorium. Sanitising stations will be available throughout the venue for regular use, and we encourage frequent hand washing.
- All volunteer workers will be required to wear masks at all times
- Officials will ensure that bathroom facilities, dressing rooms, foyer, auditorium and all other high touch surfaces are regularly cleaned during the day as recommended.
- Karilee will ensure that there is an adequate supply of soap, hand sanitiser, paper towel and disinfectant wipes and spray available at all times.
- As we are utilising a venue which is an educational facility masks are mandatory in all indoor spaces. This is a requirement of the venue and part of our hire agreement. Children under 12 years old are encouraged to wear masks when in the close contact areas such as dressing rooms and while seated in the audience to assist protect the more vulnerable members of our community. As our event runs over multiple sessions and days we are considered a higher risk event and the wearing of masks will assist to minimise any potential transmission of the Covid virus.
- It may become necessary to change these requirements in line with regulations that are current at the time of the competition. This may relate to:
 - Audience limitations
 - Backstage number limitations
 - Changes to section numbers, times and mode of operation

Karilee reserves the right to deny entry or remove anyone who will not adhere to the requirements in place at the time of the competition.

Dressing Room and Back Stage Areas

- Dressing room areas will be strictly limited to necessary performers and coaches. Officials will check on numbers in the dressing rooms and may ask competitors not required backstage to leave if spaces become over-crowded.
- We encourage coaches that where possible you do hair and makeup before arrival at the theatre. This will limit the amount of time performers spend in close contact and assist with lowering numbers of people in the dressing rooms.
- Hand sanitiser must be applied on entry to the backstage area.
- Coaches must wear masks in all indoor spaces, including backstage. These may be removed when on the headset side stage to provide for effective communication. Please assist the stage manager by sanitising the headset after use with the wipes provided.
- We understand that competitors will not always be able to wear masks while backstage when hair and makeup requirements are considered and will require flexibility and a common sense approach. We ask all coaches to assist in making sure that everyone backstage is respectful of our hygiene requirements and that competitors are wearing masks when appropriate. Once a competitor has performed she will need a mask to enter the theatre to watch and while moving around the venue.
- All performers, coaches and officials must maintain social distancing protocols as much as practically possible.
- Coaches and competitors are advised that masks may be required when being presented on stage. We will let you know prior to adjudication if this is the case. Masks will be required to enter the theatre to watch.

Audience Members

- There are no density or capacity limits to seating at this time.
- Masks are mandatory for all audience members.
- Please limit your movement in and out of the theatre whenever possible. Please do not allow your children to continually run in and out. If this occurs Karilee reserves the right to speak to the children in relation to this behaviour.

Adjudication

- Coaches and competitors will be presented together on the stage socially distanced where possible. We will advise if masks are required to be worn during presentations. If coaches prefer to sit in the wings they will require to be masked at all times.
- Spectators are not permitted on stage after the Awards have been presented unless invited by the Stage Manager or Competition Co-Ordinator.
- Results will be published regularly via the Karilee Facebook page for those unable to attend.

Canteen - Food handling and Hygiene

- Kitchen staff will work in accordance with standard food handling requirements.
- It is mandatory that all canteen volunteers wear masks.
- Particular attention will be given to hand hygiene at all times.
- All surfaces will be regularly sanitised.
- Single use plates, cups, bowls and cutlery will be utilised and then disposed of to ensure no contamination between individuals.
- All food will be individually packaged/served onto individual plates to avoid cross-contamination.
- All special dietary foods will be prepared and stored or plated separately to avoid any cross contamination.
- Customers will be required to remain 1.5m apart while waiting to be served. Signage will be provided to assist with management.
- Customers will be encouraged to take their purchases outside to consume in the fresh air.

Incident Management and Reporting

- The Competition Co-Ordinator will keep a register of attendance on site for the purposes of providing details in the case of contact tracing.
- No-one is to come to the competition if they are unwell. Full refunds will be issued for any medical condition or injury that prevents attendance.
- Participants, coaches, officials, parents or other attendees who are showing any high temperatures or cold and flu-like symptoms must exclude themselves from the competition. Anyone showing signs of illness will not be admitted.

- If an individual has been tested for COVID-19 they must immediately self-isolate and not attend the competition until a negative result has been received.
- Any individual who has been in contact with a confirmed case of COVID-19 they must test immediately and not attend until a negative result has been received.
- Karilee must be notified immediately of any suspected or confirmed cases of the virus. This should be done as soon as possible via telephone. The Competition Co-Ordinator will then be responsible for notifying ACT Health and venue management, as well as notifying clubs and event attendees.

Non-Compliance

In the event that any competition participant, attendee, coach or official fails to comply with our safety protocols the following steps should be taken:

- The Competition Co-Ordinator or other official should remind the person/s of the safety protocols if they see breaches.
- Non-compliance with the safety protocols should be documented and brought to the attention of the Competition Co-Ordinator and Karilee President.
- If the participant is under 18, incidents of non-compliance should be communicated to the Competitors coach and/or parents either in person or via a phone call.
- Depending on what protocol is being breached, the participant, coach, official or attendee involved will be requested to leave the venue.

Contact Details

Competition Co-Ordinator – Jacqueline Reber – 0438 104 860
(Covid Safe Sport Coaches and Officials Certification held)

President – Karin Craig – 0421 673 356