



Deanne Calisthenics Club Annual Physical Teams Competition Covid-19 Safety Plan – 4 and 5 June 2022

Purpose

The purpose of this plan is to minimise the risk of exposure to, and community transmission of, COVID-19 at the Deanne Calisthenics Club Annual Physical Teams competition during the pandemic.

Covid 19 Safety protocols – all attendees

- All attendees require a ticket to enter the event
- Hand sanitise on entry to the venue.
- Maintain physical distancing where possible.
- **You are strongly encouraged to wear a face mask when entering public indoor settings or where it is difficult to maintain physical distancing**
- **Please do not come to the competition if you are unwell.**
- If you receive a positive Covid test during or within 48 hours after the competition please email vicepresident@deanne.com.au to advise which session has been attended and how long you were at the venue.
- Anyone diagnosed with COVID-19 cannot attend the venue if you are in an isolation period.
- Household close contacts (someone who lives with a person who has been diagnosed with COVID-19) should not attend the venue for a period of 7 days from the last time someone in the household tested positive for COVID-19.
 - However, if you are a household contact who has previously been diagnosed with COVID-19 and received clearance from the self-isolation period in the last 12 weeks, you do not have to comply with these requirements if you subsequently become a household contact.

The above information is found on <https://www.covid19.act.gov.au/restrictions>

Hygiene

Deanne Calisthenics Competition Committee Responsibilities

- Ensure entire venue is clean and sanitised at beginning of competition day.
- Clean and sanitise foyer and auditorium entry / exit points before and after audience movement at start and finish of each age-section.
- Regular cleaning of other high touch surfaces.
- Regular cleaning and sanitising of stage manager area and official tables. This includes microphones and communications equipment.
- Provide sanitising stations at all entry and exit points of Theatre – including foyer, green-room, side stage door, warm-up area (if available), and official tables.

Competitor / Coach Responsibilities

- All competitors (including coaches and personnel) please sanitise hands on entry. Sanitising stations will be available backstage. Frequent hand washing is encouraged.



Deanne Calisthenics Club Annual Physical Teams Competition Covid-19 Safety Plan – 4 and 5 June 2022

- Physical distancing should be maintained where possible – including class rooms, dressing room, warm-up area (if available) and moving around the venue.
- At the end of the session, it is the responsibility of the competitors and their coaching team to leave the allocated class room clean and sanitised ready for the next session.

Canteen

Food handling and Hygiene:

- Volunteers staff will work in accordance with standard food handling requirements.
- Particular attention will be given to hand hygiene at all times.
- All surfaces will be regularly sanitised.
- Plates, cups, bowls and cutlery will be used once and then disposed of to ensure no contamination between individuals.
- All food will be individually packaged/served onto individual plates to avoid cross-contamination.
- Consumers should remain 1.5m apart while waiting to be served.