



KARILEE SOLO COMPETITION INFORMATION
Friday 10th March to Monday 13th March 2023

Karilee has pleasure in extending an invitation to all interested Calisthenic Clubs and their Members to enter our annual Solo Competition to be held at the Canberra College Performing Arts Centre.

Registrations will be via our on-line entry forms. Competitors will need to access the Karilee website, fill in all the required details and accept terms of entry before submitting online. A confirmation email will be sent to both the competitor and coach once registration has been received. Interstate competitors are most welcome to enter.

Please read the information provided below so that you are fully aware of all terms and conditions of entry as well as the general health and safety guidelines that have been established to ensure a safe environment for all those attending:

Venue: Canberra College Performing Arts Centre, Launceston Street, Phillip, ACT.

Sections: We anticipate being able to offer the full suite of traditional items with all divisions being offered across all age sections where there are sufficient entry numbers. Items have been pre-scheduled to assist with planning. Timing of sections will be available once all entries have been received and entry numbers confirmed.

Programme:

Friday evening:	All Duo Sections (Sub Juniors, Juniors, Intermediates and Seniors)
Saturday:	Tinies Cal Solo, Sub Junior Cal Solo, Intermediate Cal Solo and Senior Cal Solo (all Divisions)
Sunday:	Sub Junior Graceful, Junior Cal Solo and Intermediate Graceful (all Divisions)
Monday:	Junior Graceful, Masters Graceful and Senior Graceful (all Divisions)

Divisions: Competitors will be entered into divisions based on their current grading. If you have not received an ACT grading please ask your coach which division you should enter. Interstate Competitors should use the grading from their own State, and we will enter you into the equivalent division based on the information you provide. Once all entries have been received, we may combine some divisions if numbers of entries are low. If a maximum number of entries have been reached, Karilee reserves the right to close the section or division and refuse any further entries. Competitors, Clubs and coaches will be notified if this occurs.

Tinies Section and Novice Divisions: Entries for the Tinies Solo Section are open to any registered Competitor aged 7 years and under. If we need to divide the Tinies Section this will be done by age. Any Novice divisions with large numbers will be further split by age. Please note that Novice divisions are open to first time soloists only – if you have competed in a solo item previously you will need to enter the correct division to match your level of experience.

- Times:** The final programme with section and division times and breaks will be advised to coaches and advertised via social media after entries are received and processed.
- Entries:** **Entry forms are due by Sunday, 12th February 2023**
To enter please register online at <https://karilee.com.au/competitions/karilee-solo/entry-info/>
Instructions and contacts for assistance are provided with the on-line entry form. If you are having difficulties completing the form on-line please contact Maureen via email karilee.solo@manda.com.au, for assistance. For all other enquiries Jacqui can be contacted by phoning 0438 104 860 or via email at kariileesolocomp@gmail.com
- Karilee encourages competitors to enter by the due date as late entries cannot be guaranteed and will only be accepted if there is space in the section and the late entry is received prior to finalisation of the competition schedule.
- Performance Videos:** Performance videos are included with all entries and will be provided to both the coach and competitor via a DropBox link. The link will be emailed to the contacts provided to us following finalisation of your entry. When you first receive your DropBox link the file will be empty - the videos will be uploaded within two to three days following the performance.
- Photography:** We are delighted to be able to offer participants the opportunity to have on-stage photographs taken at the competition. All photos must be pre-ordered and pre-paid via the Karilee Solo Entry Form. **Please note that no orders will be taken during the competition.**
- Costs for on-stage photographs for 2023 are \$25.00 per item for a Solo or Graceful and \$45 for a Duo – each duo partner will receive a copy of the photos taken, only one order is required.
- Lighting:** This year we will be offering a colour wash on the back wall for all items. Coaches will be able to choose from the colours listed – Red, Green, Blue, Yellow, Purple, Aqua or Pink. Note this is one colour only as a backdrop for the duration of the routine. Coaches must be clear and stick to the given colours or risk a technical fault.
- The only lighting cues available will be blackout or full lights. Coaches will communicate with the theatre techs to call lighting options on the day. No lighting sheets are required.
- Music:** Coaches will be notified when music is due after the competition schedule is finalised. Each coach will be provided with a specific section and competitor number to ensure correct labelling of music prior to submission. **All Music must be correctly named and submitted in the required format. Coaches - please watch for emails with further details.**

- Critique Papers:** All critique papers will be sorted into individual folders for collection by coaches throughout the competition. **Papers will be handed to the listed coach only.** If someone else is looking after your competitors please notify the Competition Co-Ordinator to make arrangements for crits to be handed to them. **Neither competitors nor parents will be handed critique sheets.** We may introduce the use of e-crits but this is yet to be confirmed.
- Dressing Rooms:** **NO parents will be permitted backstage. This area is limited to coaches, competitors and officials only.** Coaches and competitors are advised to consider the need to wear a mask in the confined indoor space, particularly if you are a person with a medical condition or have a family member who may be more vulnerable to contracting the Covid-19 virus. Regular hand washing or sanitising is highly recommended and competition officials will regularly wipe down and clean all high touch surfaces. Coaches are asked to assist by encouraging competitors to maintain good hygiene standards, remove all rubbish and personal items when leaving the competition and keeping dressing rooms clean. Sanitiser and wipes will be provided for use in each dressing room space.
- Warm up Room:** The Dance Room will be made available for use by all competitors as a warm up room. Please note that no food is to be taken into this room – only water. No shoes are to be worn in the dance room to protect the floor.
- Stage Information:** A Plan of the stage with dimensions is available for your assistance. Please note that the stage will be marked forward of the front wing to give a depth of 8m. The girls will find the stage just a bit smaller than the Erindale Theatre. Competitors may work over the front line if necessary. The following link will give you some idea of what the theatre looks like - http://www.canberrac.act.edu.au/information/performing_arts_centre Coaches are advised that there is no front or back curtain available. Competitors will need to start on stage in a blackout or enter from side stage.
- All coaches and competitors are asked to sanitise hands before entering side stage. Wipes will be provided for the sanitisation of headsets after each use. Coaches please assist the stage manager with this process by wiping the headset before gently placing back on the table.
- Adjudication:** Competitors will be presented together on the stage for adjudication. Coaches are encouraged to join their competitors on stage rather than waiting in the wings. Often our coaches are names only and it is fitting that we celebrate their achievements along with their competitors. Senior and Masters competitors will be presented on stage without coaches. Results will be published regularly via the Karilee Instagram and Facebook pages. These will be updated as soon as possible following each adjudication but may incur a delay if we need to deal with another matter prior to posting results.
- Canteen:** Food and drinks will be available throughout the competition and will comply with all current health and safety regulations. Please follow all signage and directions given.

Competitor Entry fees for 2023 are as follows:

Item Fees: \$50.00 per competitor for solo and graceful items
\$65.00 per Duo item – only one entry is required per duo.
Competitors should coordinate as to who will be responsible for submitting entry forms and making payment.

Payment Method: Please pay the correct amount for entries on-line or at a National Australia Bank branch.

Direct deposit to **Karilee Solo Competition**

BSB: 082-926, Account number: 97-933-2555

Please reference deposits with name and age group.

If paying over the counter at the bank, please email your receipt to karileetreasurer@gmail.com to allow matching of payments.

Entries are only finalised when correct payment has been received.

Audience: Seating is available at 100% capacity. If capacity limits need to be introduced we will notify families and make whatever arrangements are necessary at the time. Attendees should assess their own capacity to safely attend the competition. Those in high risk categories (including, but not limited to, people 70 years and older, those with chronic medical conditions and/or compromised immune systems and Aboriginal and Torres Strait Islander people 50 years and older) should carefully consider attendance and seek medical advice if unsure of their safety. Audience members are encouraged to wear face masks while seated in the theatre.

Audience Ticket Prices for 2023 are as follows:

Adults: \$15.00 per session
\$50.00 per day
\$150.00 all weekend

Children & Concession: \$8.00 per session
\$30.00 per day
\$80.00 all weekend

Programmes: \$2.50 each

Tickets and Programmes can be pre-purchased on-line or purchased directly from the ticket box on the day of competition.

A digital program will be available from the Karilee website when finalised.

Pre-Order of Audience Tickets and Programmes

Tickets and Programmes can be pre-ordered via the Karilee revolutioniseSPORT platform link.

[2023 Karilee Solo Competition - Tickets Pre-Sale](#)

Ticket pre-sales will open on 1st February 2023

Once an order has been placed an invoice will issue automatically.

Once payment is received a receipt and eTickets will be sent via email from revolutioniseSPORT.

Wrist bands and pre-ordered programmes can then be collected at the ticket box when you arrive at the venue.

Karilee Team Member Prices: - Must be wearing Club Uniform to receive discount

\$5.00 per session

\$22.00 per day

\$60.00 all weekend

General Health Requirements:

The stage, dressing rooms, foyer, bathrooms, and any other high contact areas will be cleaned and sanitised regularly during the event. Masks are strongly encouraged indoors in the ACT for everyone aged 12 years and over. Regular hand washing and sanitising is recommended to ensure the spread of any infection is kept to a minimum. Sanitising stations will be available throughout the venue for regular use. Social distancing should be practiced where possible by all those attending the event.

Individual responsibility is a key component of the current ACT Covid-19 Guidelines and depends upon individuals taking responsibility for their own health and wellbeing, as well as putting the communities' health and needs above their own calisthenic commitments. Please do not come to the competition if you are unwell. If you, or anyone you have been in contact with, have been exposed to the Covid-19 virus we ask that you take the necessary steps to mitigate the chance of passing the virus on to those more vulnerable in our community. If you become unwell during the course of the competition, please advise the Competition Co-Ordinator immediately so that we can make sure that appropriate care is given.

While we do not foresee any changes to the current ACT health regulations those attending our competition should note that it may become necessary to change the running of our competition to meet with regulations that are current at the time. Changes that may come into effect could include:

- Audience limitations
- Backstage number limitations
- Changes to section numbers, times and mode of operation
- Mandatory wearing of face masks

Karilee reserves the right to deny entry or remove anyone who will not adhere to the requirements in place at the time of the competition.

We understand that the above information is a lot to take in, particularly for our families new to solo competitions. If you need extra assistance or clarification please contact us.

NEED ASSISTANCE??

HAVE QUESTIONS??

WE ARE HERE TO HELP!!



Registration and General Enquires

Registration: Karilee Secretary, Maureen Bourne
Email karilee.solo@manda.com.au Mobile: 0404 848 612

General and Financial Enquiries: Karilee Solo Competition Coordinator, Jacqueline Reber
Email karileecomp@gmail.com Mobile: 0438 104 860

On behalf of the Karilee Competition Committee, we wish you a successful and happy competition season!

Jacqui Reber and Maureen Bourne
Karilee Solo Competition Committee